

Orillia Active Living Centre

JULY 2026

SUN	MON	TUE	WED	THU	FRI	SAT
<p>🕒 = Must arrive at the start of the program TR = Tournament Room ORC = Orillia Recreation Centre \$ = Bring spending money ★ = Special Programming Sign-Up Required</p> <p>See back for program details</p>			<p>Canada Day 1 No Programming</p> 	<p>Rotary Walk 2 10:00- 11:00a.m.</p> <p>July Craft 12:45- 3:45 p.m.</p> 	<p>Line Dancing 🕒 3 10:30 - 11:15 a.m.</p> <p>Card Games 12:45 - 3:45 p.m.</p>	
<p>5 Card Games 10:00 - 11:45 a.m.</p> <p>Carpet Bowling 🕒 1:00 - 3:30 p.m.</p>	<p>6 </p> <p>Zumba Gold 🕒 7 10:30 a.m. - 11:15 a.m.</p> <p>Mexican Train 🕒 12:45 p.m. - 3:45 p.m.</p>	<p>8 BINGO 10:00 - 11:00 a.m.</p> <p>The Social Luncheon \$ 12:45 p.m. - 3:00 p.m.</p>	<p>9 Rotary Walk 10:00- 11:00a.m.</p> <p>Birthday Social 12:45 - 3:45 p.m.</p>	<p>10 Line Dancing 🕒 10:30 - 11:15 a.m.</p> <p>Shuffleboard 12:45 - 3:45 p.m.</p>	11	
<p>12 Card Games 10:00 - 11:45 a.m.</p> <p>Carpet Bowling 🕒 1:00 - 3:30 p.m.</p>	<p>13 Zumba Gold 🕒 14 10:30 - 11:15 a.m.</p> <p>Mexican Train 🕒 12:45- 3:45 p.m.</p>	<p>15 Garden Club 10:00 a.m. - 11:00 a.m.</p> <p>Potluck Picnic 12:45 - 3:00 p.m.</p>	<p>16 Rotary Walk 10:00- 11:00a.m.</p> <p>Twisted Stitches 12:45 - 3:45 p.m.</p>	<p>17 Line Dancing 🕒 10:30 a.m. - 11:15 a.m.</p> <p>Card Games 12:45 p.m - 3:45 p.m.</p>	18	
<p>19 Card Games 10:00 a.m. - 11:45 a.m.</p> <p>Carpet Bowling 🕒 1:00 - 3:30 p.m.</p>	<p>20 Zumba Gold 🕒 21 10:30 a.m. - 11:15 a.m.</p> <p>Mexican Train 🕒 12:45 p.m. - 3:45p.m.</p> 	<p>22 BINGO 10:00 - 11:00 a.m.</p> <p>Evergreen Mini Putt & Bluemoon Lunch \$ 1:00 - 3:00 p.m.</p> 	<p>23 Rotary Walk 10:00- 11:00a.m.</p> <p>Ice-Tea Social 12:45 - 3:45 p.m.</p> 	<p>24 Line Dancing 🕒 10:30 - 11:15 a.m.</p> <p>Shuffleboard 12:45 p.m. - 3:45 p.m.</p>	25	
<p>26 Card Games 10:00 - 11:45 a.m.</p> <p>Carpet Bowling 🕒 1:00 - 3:30 p.m.</p>	<p>27 Zumba Gold 🕒 28 10:30 - 11:15 a.m.</p> <p>Mexican Train 🕒 12:45 p.m. - 3:45 p.m.</p>	<p>29 Garden Club 10:00 a.m. - 11:00 a.m.</p> <p>Afternoon at Mariposa \$ 1:00 - 3:00 p.m.</p>	<p>30 Rotary Walk 10:00- 11:00a.m.</p> <p>Bocce Ball & Horseshoes 12:45 - 3:45 p.m.</p>	<p>31 Line Dancing 🕒 10:30 - 11:15 a.m.</p> <p>Card Games 12:45 - 3:45 p.m.</p>		

All programs are for those aged 55+ and are located at Rotary Place in the Orillia Room unless noted otherwise on the calendar.

ACTIVITY DETAILS:

Carpet Bowling

This is a fun, safe, self-directed program suitable for all. With two or three people on each team, the objective is for each member to gently roll special bowling balls down a 30-foot carpet, aiming to stop them as close as possible to the small white ball, known as the jack.

Mexican Train

Mexican Train is a dominoes game where players try to be the first to get rid of all their dominoes in this fun, self-directed program.

Shuffleboard

This is a self-directed program where four players use a long cue to push discs along the deck, aiming to score points.

Card Games

Enjoy a wide variety of card games like Bridge, Euchre, Rummy, Cribbage, and Solitaire in this fun, self-directed program.

Twisted Stitches

In this self-directed program participants knit, crochet, embroider, make cards, share laughs, and swap stories in a relaxed and welcoming environment. Bring your own project and enjoy a creative afternoon.

Line Dancing with Richlyn

Looking for something fun to do while also improving your physical fitness? This class will focus on the most popular 'Pattern' dances and will introduce many of the basic moves necessary for Line Dancing. The drop-in fee for non-members is \$5.00.

Zumba Gold with Richlyn

This is the Zumba® formula with modified moves and pacing to suit the needs of the active older participant, as well as those just starting their journey to a fit and healthy lifestyle. The drop-in fee for non-members is \$5.00.

Birthday Social

Join us for our monthly self-directed birthday potluck! Cake is provided, so please bring a dish to share, such as sandwiches, warm appetizers, fruit, or veggies. appetizers, vegetables, or fruit!

Garden Club

Join Us! As we start a gardening adventure with our new raised beds! We will be planting herbs & flowers. Please bring your gardening gloves.

Mini Putt at Evergreen \$

Challenge yourself with a game of 18-hole mini putt! Meet at 3372 Agnew Rd, Washago. Suitable for all levels of play, (\$ 5.50 a game per person).

Bocce Ball & Horseshoes

Lets get physical! Enjoy an afternoon of light impact exercise. Meet in the Orillia Room.

July Craft

At this session we will be painting a variety of wooden decorative pieces. All supplies are provided.

Afternoon at Mariposa \$

Come join Us! for a yummy dessert or beverage at Orillia's favorite bakery. Meet at 109 Mississaga St E, Orillia.

The Social Luncheon \$

Enjoy a lunch in the downtown core! Meet at 2 Front St N, Orillia.

Iced-Tea Social

Enjoy a fresh beverage along with some light snacks!

Potluck Picnic

Join Us! for an afternoon of fun along with some yummy dishes. Bring your favorite dish to share.

Rotary Walk

Enjoy the loop trail! Meet in the Orillia room.

INFORMATION

When Can I Arrive?

Programs with a clock beside them indicate that you must arrive at the program start time in order to participate. All other programs are drop-in.

Footwear

Please wear clean, indoor shoes.

Safety

Please self-monitor for any illness prior to attending a program. If you are feeling unwell, please stay home.

Changes

We strive to provide the most accurate information, however changes do occur. For the most up-to-date schedule, please visit orillia.ca/OALC.

Memberships

Monthly memberships are \$11.45 per month for residents of Orillia and \$14.90 per month for non-residents. Memberships can be purchased during programming hours, or at the Orillia Recreation Centre.

OALC members receive a membership card used for program sign-in. Members can scan their card at the sign-in table when arriving for programs. Members who do not yet have their card can speak with staff at the centre.

Drop-in Passes

Activities can also be accessed by purchasing a daily drop-in pass. Drop-in passes are available at \$3.00 for self-directed activities, such as card games or shuffleboard. For instructed programs, such as Ukulele or Zumba Gold, the drop-in fee is \$5.00.

Locations

Activities run in the Orillia Room at West Orillia Sports Complex (100 University Ave.) unless otherwise noted. For more information, please email oalc@orillia.ca.

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