

fall made fun

Winter Break

CAMPS

Pages 36 and 38

New:

**CELTIC & TAP
DANCING**

Page 37

**TINY WORLDS
WORKSHOP**

Page 38

**PICKLEBALL
SKILLS AND
DRILLS**

Page 48

  @OrilliaParksandRecreation

Registration begins: Aug. 10 at 7 a.m.


ORILLIA



Registration

When Can I Register?

Online registration begins on Monday, Aug. 10, 2026 at 7 a.m.

How Do I Register?



Visit orilliarec.ca/programs. Once on the registration website, you can create your account or log-in to register. If you require assistance with registration, please call the Orillia Recreation Centre at 705-325-4FUN (4386).

Facility Rentals

How Do I Reserve a Facility?

Online: Visit orilliarec.ca/facilitybookings and fill out the Rental/Special Event Permit Request Form. This written request is required and can be emailed to bookings@orillia.ca.

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Putting Customers First

For your convenience, the Orillia Parks and Recreation Division customer service is available until 9 p.m. on weekdays and 6 p.m. on weekends! Check out orillia.ca/active for today's drop-in programs.

705-325-4FUN (4386) | recreation@orillia.ca



The Buddy Program:

Inclusive Support for Recreation Programs

How It Works:

You can see support in two ways:

- 1. City of Orillia Buddy:** A dedicated Buddy assists participants in engaging fully in activities, making friends, and having fun in a safe and inclusive environment.
- 2. Outside Support:** Participants are welcome to attend with their own external support worker if preferred.

The City of Orillia subsidizes a portion of the cost of Buddies, including their training, wages, and associated resources. Families are responsible for the base cost of camp or registered programs, with some covering additional Buddy support fees. However, financial barriers can limit access for some participants.

The Buddy Sponsorship Program helps bridge this gap. Through community sponsorships and donations, additional funding is provided to support families in need, ensuring all children can participate regardless of financial limitations.

What Buddies Can and Cannot Do:

✓ Buddies **can** encourage participation, assist with transitions, help modify activities, and use positive reinforcement and redirection techniques.

✗ Buddies **are not** certified as Child and Youth Workers, Educational Assistants, Personal Support Workers, or Behavioural Therapists. They **cannot** provide hands-on support, administer medication or handle unsafe behaviour.

Who needs a Buddy?

A participant may require a Buddy if they:

- Have physical, visual, hearing, developmental, or intellectual challenges.
- Require extra support to participate in group activities.
- Receive support at school or from a community agency.
- Have physical, developmental, or intellectual disabilities.
- Receive support at school or from a community agency.
- Have anxiety or social challenges and feel overwhelmed in new environments.
- Need support with staying engaged, following instructors, or managing emotions in a group setting.
- Has never attended a camp or a structured program before and need extra help understanding expectations and participating fully.

Funding Opportunities

Canadian Tire Jumpstart: Gets kids in the game by covering the costs of equipment, registration and/or transportation. They also lend support to unique initiatives aimed at increasing access to sport and recreation programs. Visit jumpstart.canadiantire.ca for details.



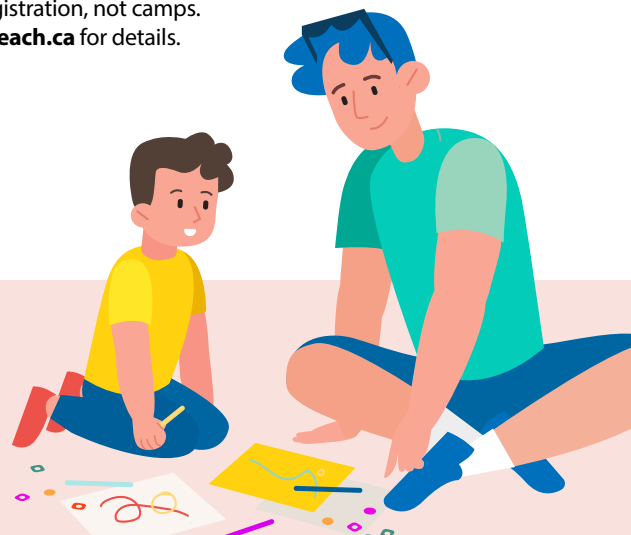
We Are The Villagers: This charity has made it their mission to help families and children participate in extracurricular activities that are of interest to them. We Are The Villagers sponsors children in need so that they may take part in recreation and sport activities without being restricted by registration fees and equipment costs.



YouthReach: This is a new and evolving not-for-profit organization in Barrie and Simcoe County supporting youth and families who might not otherwise participate in recreational activities. YouthReach administers funding to assist financially challenged families and youth trying to access recreational and social programs. They engage committed volunteers, community organizations, municipalities and young people to promote opportunity to our youth. Please note that currently this resource is only available for program registration, not camps. Visit youthreach.ca for details.



For more details on sponsorship opportunities or to apply for the Buddy Program, contact 705-325-4786 or visit orilliarec.ca/BuddyProgram.



Community Facilities

For details visit orillia.ca/facilitybookings.

Our unique venues offer a variety of opportunities to host your corporate, social and other events.

From swimming pools and ice rinks, to scenic parks and historical landscapes, to athletic fields and meeting rooms, the City's Parks and Recreation Division offers many rental opportunities for small to large private functions such as weddings, parties, festivals and events.



The Fun Pass

Enjoy unlimited access to the Fitness Centre, Walking Track, drop-in programs and more at the Orillia Recreation Centre. For rates and more information, see pages 6-7.

Birthday Party Packages

Birthday parties just got a lot easier! Select an activity, book your party and leave the clean-up to us. Visit orillia.ca/parties for details.

-  1.5 hours in a multi-purpose room (plus an additional 15 minutes for set up)
-  Up to 20 children (additional attendees: \$5.00 per child)
-  Staff facilitator
-  Downloadable party invitations
-  One hour of a recreational activity of your choice



Your Fun Pass

orillia.ca/active



You can experience a variety of activities to improve your health and wellness.

There is something for all fitness levels and abilities. Our staff are here to assist you and are committed to enhancing the quality of life for individuals in our community. Try all of the services available, ranging from taking a group fitness class, enjoying a complimentary fitness equipment orientation, trying a drop-in sport in the FIBA-sized gymnasium, or a family outing to one of the open swims.

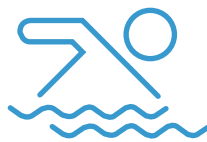
Enjoy Unlimited Access to:



The Fitness Centre



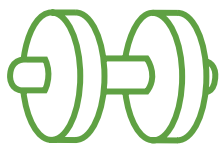
**The Walking/
Jogging Track**



**Aquatics Drop-In
Programs**



**Sport Drop-In
Programs**



**Fitness Drop-In
Programs**



**Special Interest
Drop-In Programs**

Please note that the Fun Pass can only be used at the Orillia Recreation Centre and does not apply to other locations such as Rotary Place.

Infants: Those under the age of one are free. **Families:** Must include one or two adults and a maximum of six people that live in the same household.

HST: Tax is applied to those 15 years and older. **R:** Resident rate for Orillia tax-payers. **N:** Non-resident rate.



Fun Pass Rates

Monthly Pass (Plus HST)

Adult (18Y+)	\$47.51(R) / \$71.26(N)
Child/Student/Senior (55Y+)	\$32.29(R) / \$48.43(N)
Family	\$122.33(R) / \$183.49(N)

Annual Pass (Plus HST)

Adult (18Y+)	\$525.00(R) / \$787.50(N)
Child/Student/Senior (55Y+)	\$353.85(R) / \$530.77(N)
Family	\$1,345.58(R) / \$2018.37(N)

Daily Rates

All Access Daily Pass (Includes HST)

Adult (18Y+)	\$8.40(R) / \$12.60(N)
Child/Student/Senior (55Y+)	\$7.09(R) / \$10.63(N)

Gymnasium Daily Pass (Includes HST)

Adult (18Y+)	\$6.04(R) / \$9.06(N)
Senior (60Y+)	\$4.46(R) / \$6.69(N)
Child/Student	\$3.94(R) / \$5.91(N)
Family	\$11.81(R) / \$17.71(N)

Aquatic Centre Daily Pass (Includes HST)

Adult (18Y+)	\$6.30(R) / \$9.45(N)
Senior (55Y+)	\$4.99(R) / \$7.48(N)
Child/Student	\$4.46(R) / \$6.69(N)
Family	\$15.75(R) / \$23.62(N)

R: Resident of Orillia N: Non-resident



Orillia Recreation Centre



Facility Overview

The City is proud to offer exciting recreation opportunities at the Orillia Recreation Centre.

You can experience a variety of activities to improve your health and wellness. There is something for all physical abilities and interests. Our staff are here to assist you and are committed to enhancing the quality of life for individuals in our community. The Orillia Recreation Centre provides a blend of leisure, sport, fitness and recreational amenities for individuals and families, as well as competitive sport venues for groups and organizations.

Aquatic Centre:

General Features:

- Accessible ramp into all pools
- Male and female change rooms
- Universal change room
- Steam room
- Bleacher seating for 220 and on-deck viewing for 30

Lap Pool:

- Eight 2.5 m lanes
- 25 m length
- 4 m at deepest point
- Moveable floor: 0.75 m – 3 m deep
- 1 m and 3 m diving boards
- Rockwall
- Tarzan rope

Leisure Pool:

- Warmer water
- Teaching steps
- Spray features
- Hydro jets
- Three 1.5 m lanes
- Water channel
- Basketball nets

Therapy Pool:

- Warm water
- Handrail
- Staggered jets
- Bench seating

Fitness Centre:

- 5,000 square feet
- Various cardio and weight training equipment
- 235 m multi-lane walking/jogging track
- Fitness studio
- Cycle studio
- Small group training
- Rowing studio
- Stretching room
- Queenax™ Functional Fitness Trainer
- Personal training
- Drop-in and registered fitness classes

Gymnasium:

- 14,811 square feet
- 2 FIBA sized gymnasiums
- Hard diving wall
- Bleacher seating on both sides
- 2 full sized basketball courts (with 3m run-outs)
- Changerooms
- 4 junior practice basketball courts
- 3 volleyball courts (4m between courts)
- 6 badminton courts
- 6 pickleball courts

Other Facility Features:

- Elevator access to all floors
- Multi-purpose room
- Sport Hall of Fame Lounge
- Preschool room

Orillia Recreation Centre General Guidelines

Fitness Equipment

- Please sanitize facility equipment between each use with a sanitary wipe.
- If you are unsure of how to use a piece of equipment, speak with one of our friendly fitness floor staff.

Indoor Walking/Jogging Track

- Please reference a directional track sign to identify the direction of travel. The track direction is changed daily.
- If you are using the elevator to access the upper areas of the facility, be mindful of foot traffic on the track. The elevator doors open to the track pathway.
- Strollers are permitted. Please use the provided wipes to clean stroller wheels before using the track.

Footwear

- Outdoor footwear is not permitted in the gymnasium, fitness centre or aquatic centre.
- Deck shoes (non-slip, indoor footwear) are recommended to be worn in the aquatic centre.
- Clean, non-marking shoes must be worn in the aquatic centre, gym and fitness centre.

Food and Beverage

- Food is strictly prohibited in the aquatic centre, gym and fitness centre.
- Water is the only beverage permitted in these areas.

Pro Shop Items

Visit customer service to purchase pro shop items such as goggles, towels, swim caps, locks, etc.

Multi-Purpose Room

- Please leave the room in same manner they are received.
- Rooms are locked and unlocked by facility staff only.

Lockers

- Lockers are provided for day use only for patrons.
- Please bring a lock in order to safely store your belongings.
- The City of Orillia is not responsible for lost or stolen items.
- All bags must be stored in lockers.

Bathing Attire

Attire used for the sole purpose of bathing will be considered a bathing suit. If an individual wishes to swim wearing clothing (covering arms and/or legs), they are permitted to do so under the condition that the clothing they are wearing is clean, colourfast, and used specifically for the purpose of swimming e.g. Clothing that has not been worn outside of the aquatic facility and does not weigh swimmer down i.e. dry fit materials, leggings, long sleeve or t-shirts.

Barnfield Point Recreation Centre

500 Atherley Road

AMENITIES:

- Curling ice
- Bayside Restaurant
- Large event floor
- Don Shave Meeting Room
- Auditorium
- Rock wall



DON SHAVE MEETING ROOM

Located at J.B. Tudhope Memorial Park, this facility is home to the Orillia Curling Club and six sheets of curling ice in the winter. In the summer, the centre is mainly used for summer day camps, but it is also available for trade shows and special events. The auditorium can be rented with bar, food and banquet options available. The popular Bayside Restaurant is open to the public year round.

How to Book: Contact the Permitting Clerk, at bookings@orillia.ca or 705-325-3506.

Gill Street Community Complex

433 Gill Street

AMENITIES:

- Ice surface
- Multi-Purpose Room



This facility recently underwent a \$12.4 million reconstruction and reopened its doors in December 2025. Built in 1974, this arena was originally called Twin Lakes Arena. Its name was changed in 1984 to honour Olympian, Brian Orser, who learned his world-class form at the Gill Street rink. The reconstruction included a new refrigeration system, surface/ice pad, seating, players' areas, accessibility improvements and improvements to the interior spaces and exterior.

How to Book: Contact the Permitting Clerk, at bookings@orillia.ca or 705-325-3506.

Orillia Opera House

1 West St. N.

AMENITIES:

- Gordon Lightfoot Auditorium (677 seats)
- Studio (100 seats)
- Lounge
- Professional lighting
- Professional sound
- Fully licensed
- Wheelchair accessible
- Headsets available for hearing impaired
- Professional ticketing system



Since 1895, the Orillia Opera House has been showcasing the best in local, national and international talent on its stages. From live theatre to roaring concerts, there is always something happening that will entertain, educate and inspire. Large or small, casual or corporate – The Orillia Opera House offers a central and convenient downtown location, perfect for the most versatile production, meeting, presentation, screening, lecture or class. The Orillia Opera House is equipped with a 10' x 12' full-service elevator to transport people and equipment to all three levels. For more information on this facility, please visit orilliaoperahouse.ca.

How to Book: Contact the Box Office at boxoffice@orillia.ca or 705-326-8011.

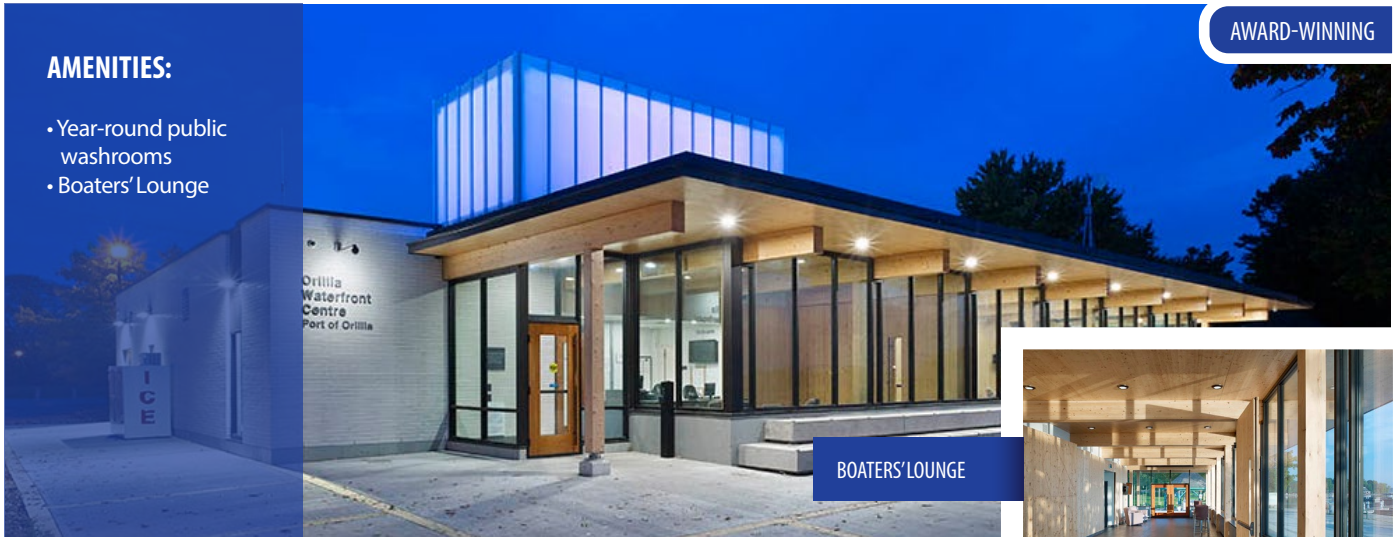
Orillia Waterfront Centre

50 Centennial Drive

AMENITIES:

- Year-round public washrooms
- Boaters' Lounge

AWARD-WINNING



BOATERS' LOUNGE

Home to the Port of Orillia (operated by the Chamber of Commerce) from May to September, the Orillia Waterfront Centre features washrooms, showers, reception, office space, a boaters/community use lounge and laundry facilities dedicated for transient boaters and park washrooms for the public. This facility is available to rent for intimate/small receptions and meetings.

How to Book: Contact the Permitting Clerk, at bookings@orillia.ca or 705-325-3506.

Rotary Place

100 University Avenue

AMENITIES:

- Two ice surfaces
- Mini-stick play area
- Concession
- Large event floor
- Meeting rooms
- Rock wall
- Skate sharpening
- Warming kitchen



TOURNAMENT ROOM

The West Orillia Sports Complex is home to Rotary Place featuring two NHL-sized ice rinks, mini-stick rink, rock wall, meeting rooms and more. Outdoor sports fields, including an artificial turf, and tennis courts are also available!

How to Book: Contact the Permitting Clerk, at bookings@orillia.ca or 705-325-3506.

Regan House

325 Line 15 North

AMENITIES:

- Washrooms (separate building)
- Meeting room



INSIDE REGAN HOUSE



This 33 by 23 foot historic home is built from squared-pine timbers, from its original location. Regan House, which is Orillia's oldest pioneer home, was dismantled and later rebuilt by volunteers at Scout Valley next to the heritage stone wall. Regan House is considered a mid-sized meeting room and can hold up to 50 people. Why not get some fresh air and enjoy your meetings in the beautiful wooded surroundings of Scout Valley?

How to Book: Contact the Permitting Clerk, at bookings@orillia.ca or 705-325-3506.

Leacock Museum

50 Museum Dr.

AMENITIES:

- National Historic Site
- Lakeside gardens
- Boathouse
- Gift shop



BOATHOUSE



Located at the Old Brewery Bay in Orillia, this site is one of Canada's most endearing cultural jewels. Stephen Leacock (1869-1944) earned a truly international reputation as author, economist and humourist. The 10-acre site includes Leacock's 19-room summer home.

Drop-In Programs

For a list of all our current drop in programs, visit orillia.ca/active

We've got plenty of drop-in activities to keep you and your family busy!

Aquatic Drop-ins

- Aquafit
- Aqua HIIT
- Warm Water Aquafit

Gymnasium Drop-ins

- Basketball
- Pickleball
- Badminton
- Table Tennis
- Open Gym
- Open Gym for Kids
- Open Gym for Youth

Fitness Drop-ins

- Rowing
- H.I.I.T.
- Step Class
- Cardio Pump
- Core Galore
- Yoga
- Zumba
- Spin
- Tabata Time
- On the Move

Preschool Drop-ins

- Play Group

Drop-in for fun



View drop-in programs and holiday activities online

orillia.ca/active

Advanced Aquatics

» Registration open year-round!

It's more than a job.
It's an experience.

Start your journey of
becoming a lifeguard.

orilliarec.ca/lifesaving

Bronze Star



Bronze Medallion with Emergency
First Aid & CPR-B



Bronze Cross with Standard
First Aid & CPR-C



National
Lifeguard

Assistant Instructor
(recommended)



Swim & Lifesaving Instructor



Lifesaving Courses

Intermediate First Aid with CPR-C 13Y+

Orillia Recreation Centre

Includes CPR-C certification. Intermediate First Aid provides comprehensive training covering all aspects of first aid. Intermediate First Aid incorporates Basic First Aid and is designed for those who require a more in-depth understanding of first aid including: legal implications of first aid treatment, spinal injuries, heat or cold injuries, bone and joint injuries, chest injuries, and medical emergencies. This course is recognized by the Workers Compensation Board (WSIB) for training in the workplace. **Course fee includes a Canadian First Aid Manual and key chain face shield.**

Intermediate First Aid with CPR-C Recertification 13Y+

Orillia Recreation Centre

Includes CPR-C certification. Intermediate First Aid provides comprehensive training covering all aspects of first aid. Intermediate First Aid incorporates Basic First Aid and is designed for those who require a more in-depth understanding of first aid including: legal implications of first aid treatment, spinal injuries, heat or cold injuries, bone and joint injuries, chest injuries, and medical emergencies. This course is recognized by the Workers Compensation Board (WSIB) for training in the workplace. **Course fee includes a Canadian First Aid Manual and key chain face shield.**

Bronze Medallion & Basic First Aid 13Y+

Orillia Recreation Centre

Bronze Medallion introduces participants to respond to aquatic emergencies in open-water, non-lifeguarded settings for the rescue of self and of others. Candidates build endurance, strength, and lifesaving skills while learning to make sound rescue decisions based on good judgment and assessments. Training may take place indoor and outdoor environments to simulate real-life scenarios. Course Fee includes a Canadian Lifesaving Manual. **Prerequisites: 13 years of age OR Bronze Star (if under 13 years of age).**

Bronze Medallion, Bronze Cross & Intermediate First Aid 14Y+

Orillia Recreation Centre

The Lifesaving Society's Combined Bronze course develops and evaluates candidates in obtaining Bronze Medallion, Bronze Cross and Intermediate First Aid certifications in a condensed, intensive Aquatic Leadership Program. The course focuses on swim fitness, decision-making, and complex water rescue, first aid and CPR situations. It transitions candidates from introductory lifesaving to assistant lifeguarding skills and knowledge that emphasizes teamwork, communication, and surveillance techniques in aquatic facilities. Recommended for strong swimmers, it prepares candidates for National Lifeguard certification or Swim and Lifesaving Instructor program who have reached the minimum age of 15 or older. **Prerequisites: 14 years or older. Course fee includes a Canadian Lifesaving and First Aid Manual.**

New Interactive Layout!

Simply click any program to view **more information** directly on the registration website.



Bronze Cross & Intermediate First Aid 14Y+

Orillia Recreation Centre

Bronze Cross begins the transition from lifesaver to lifeguarding. Candidates strengthen and expand their knowledge and judgment in their lifesaving skills, as well as learn the importance of teamwork and communication when preventing and responding to aquatic emergencies. Increasing intensity and abilities in lifesaving fitness, endurance and skills help build their preparedness towards the National Lifeguard award. Training may take place in indoor and outdoor environments to simulate real-life scenarios. Course fee includes a Canadian First Aid Manual and key chain face shield.

Prerequisites: Bronze Medallion and Basic First Aid.

Assistant Instructors 14Y+

Orillia Recreation Centre

The Lifesaving Society Assistant Instructor course prepares candidates to assist a certified Instructor with swimming and lifesaving classes, through classroom learning and in-water practice. Candidates are introduced to key principles of learning and teaching, and they master basic progressions. The roles and responsibilities of instructors and their assistants are emphasized. Helping candidates build confidence and prepare for future Swim Instructor or Lifesaving Instructor certifications. Includes: Assistant Instructor Workbook. **Prerequisites: Bronze Cross & Standard First Aid; must be 14 years of age by course end.**





LSS Swim & Lifesaving Instructor 15Y+

Orillia Recreation Centre

The Lifesaving Society Swim & Lifesaving Instructor course prepares the instructor to teach and evaluate basic swim strokes and organize, plan, teach and evaluate lifesaving and first aid skills and resuscitation techniques. This course certifies candidates to teach LSS Swim Programs and up to the Bronze Cross Award. Course fee includes a Instructor PAC of books and binder. **Prerequisites:** 15 years of age and Bronze Cross (or higher); LSS Assistant Instructor recommended.



Borrow a Manual

The City of Orillia now partners with the Orillia Public Library for a discount on courses for borrowing manuals. Interested? More details available upon registration.

LSS Swim Instructor/ Examiner In-Person Recertification 15Y+

Orillia Recreation Centre

The In-Person Swim & Lifesaving Instructor/ Examiner Recertification Course focuses on the competencies learned in the instructor, coach and examiner courses and provides a refresher to those competencies. The course provides candidates with the 4 points required to complete their instructor, coach, examiner and examiner mentor leadership recertification. Upon successful completion candidates are responsible to submit and initiate their own recertification process. **Prerequisites:** LSS Swim or Lifesaving Instructor.

LSS Examiner and Aquatic Supervisor Combo 16Y+

Orillia Recreation Centre

This Lifesaving Society program prepares instructors and lifeguards to take on deck-level supervisory roles, focusing on safe program delivery, staff guidance, and emergency response readiness. The Examiner course is the first step toward becoming a certified Lifesaving Society Examiner, equipping candidates to successfully apprentice and build on their evaluation experience. **Prerequisites:** Lifesaving Instructor, National Lifeguard and recommended 100 hours of experience.

National Lifeguard and Swim Instructor Recertification 15Y+

Orillia Recreation Centre

The National Lifeguard (Pool) with Swim & Lifesaving Instructor, Examiner Recertification Combo combines an evaluation of National Lifeguard fitness, skills and judgement to recertify those with National Lifeguard Pool as well as reviewing competencies learned in the instructor, coach and examiner courses to provide a refresher to those competencies. This combo course will recertify the candidates National Lifeguard as well as providing candidates with the 4 points required to apply for recertification of their instructor, coach, examiner and examiner awards. Upon successful completion candidates are responsible to submit and initiate their own recertification process. **Prerequisites:** LSS Swim or Lifesaving Instructor, National Lifeguard - Pool.

National Lifeguard Pool 15Y+

Orillia Recreation Centre

National Lifeguard education is designed to develop a sound understanding of lifeguarding principles, good judgment and a mature and responsible attitude toward the role of the lifeguard. The course develops the basic lifeguarding skills, principles and decision making processes that will assist the lifeguard to evaluate and adapt to different aquatic facilities and emergencies. Fitness competencies of Bronze level programs are further built upon, in order to prepare candidates for the physical intensities required in the job of a lifeguard's rescue responsibilities. Course fee includes an Alert Manual and Fox 40 whistle with custom lanyard. **Prerequisites:** 15 yrs, Bronze Cross and Intermediate First Aid with CPR-C.

National Lifeguard Pool Recertification

Orillia Recreation Centre

This recertification course offers candidates with National Lifeguard Pool certification the opportunity to maintain current certification at the National Lifeguard level in a pool setting. Your lifeguarding skills will be tested based on physical standards, judgment and skill through a variety of evaluations of fitness demonstrations and application in simulated scenarios. **Prerequisite:** National Lifeguard Pool.

Lifesavers Today, Leaders Tomorrow.



ORILLIA LIFESAVING TEAM

Want to test out if lifesaving sport is the fun your child is looking for in swimming?

Try out the **OLT Fundamentals program** - an 8 week taste tester to work on strokes, and lifesaving skills with a Lifesaving coach.

[Learn more](#)

Upcoming Tryouts:

September 2026

[Learn more](#)



Swim Lessons



Registration begins:
Monday, Aug. 10, 2026

Facility Swim Test

At the lifeguard's discretion, any swimmer may be required to perform the facility swim test.

- Comfortably swim 25m continuously, face in the water and tread water for one minute.
- Failure to complete the facility swim test will prevent the swimmer from entering the deep end on the date tested.
- Swimmers will be given a wrist band once the swim test is successfully completed.



Do You Have an Idea for a Program?

The Parks and Recreation Division is seeking ideas for new programs and new instructors. To fill out a program proposal, visit orillia.ca/programs.

Pool Admission Standards

All children 9 years and under must be accompanied by a guardian who is at least 14 years of age and is responsible for their direct supervision.

Swim Test: 25m continuous swim, face in the water and tread water for 1 minute.

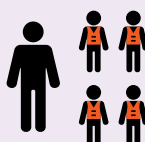
CHILDREN 0-6Y

Must have a supervising guardian in the water within arm's reach and remain in the shallow end.



Children 6Y and under without lifejackets:

1 guardian per 2 children (max)



Children 6Y and under with lifejackets:

1 guardian per 4 children (max)

CHILDREN 7-9Y

All children 7-9Y must perform a swim test. If unsuccessful, they must have a supervising guardian in the water within arm's reach and remain in the shallow end.

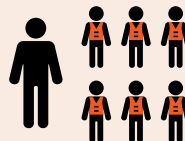
With a Successful Swim Test:

Children will have access to the deep end with their swim test wrist band. A supervising guardian must be in the pool or in the on-deck viewing area.



Children 7-9Y without lifejackets:

1 guardian per 2 children (max)



Children 7-9Y with lifejackets:

1 guardian per 6 children (max)

CHILDREN 10Y+

Regardless of age, anyone may be asked to perform a swim test. If unsuccessful, they must remain in the shallow end.

New Names, Same Splash!

Dive into Our Updated Swimming Lesson Levels

We've refreshed the names of our swimming lesson levels to make them easier to understand and more reflective of the skills being taught. Whether you're just starting out or working your way up, the changes will help you find the right fit faster. Check out the chart below to explore the new names and start planning your next swim session.

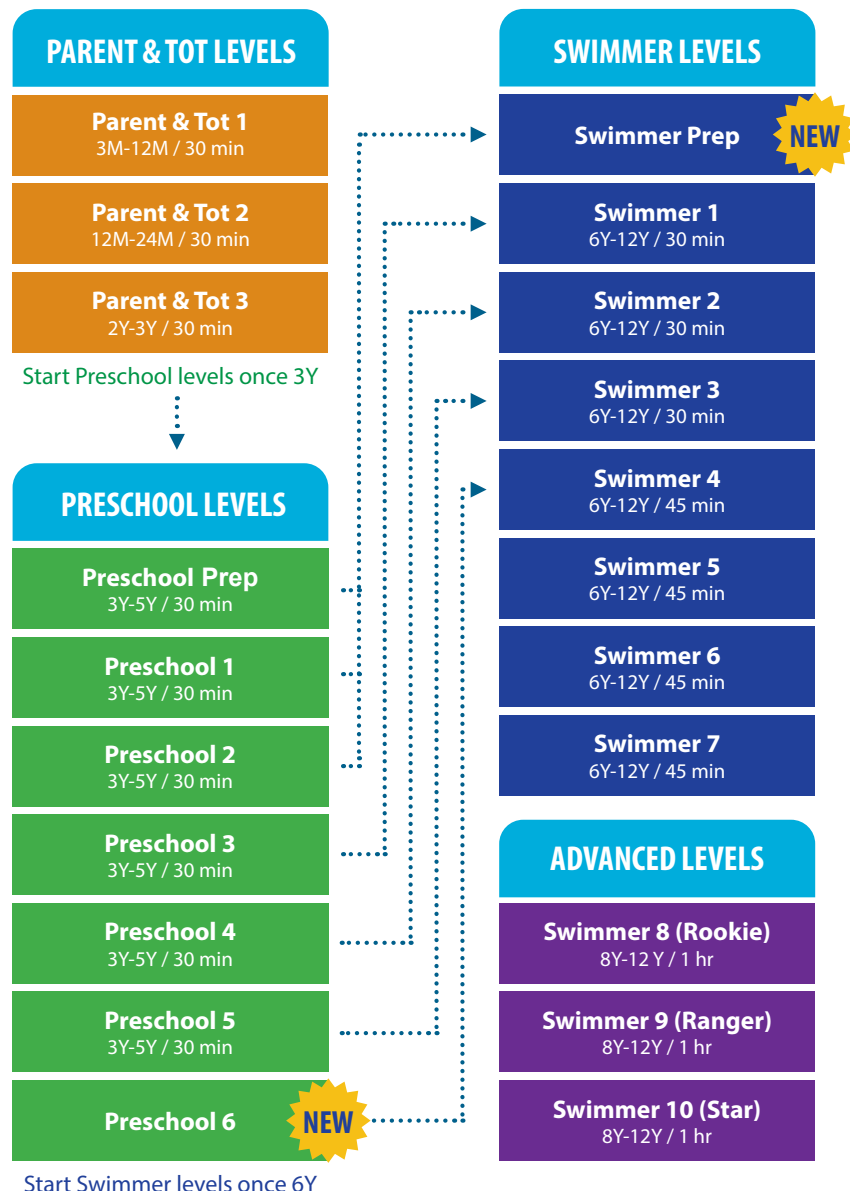
SWIMMER LEVELS



ADVANCED LEVELS



Swim Level Chart



Swimming Lesson Schedules & Cancellations

Every effort is made by the Parks and Recreation Division to keep lessons scheduled as advertised. However, due to registration numbers and wait-lists, we may have to cancel and/or combine some classes. The Parks and Recreation Division will make every effort to notify, in advance, if swimming lessons are cancelled. On occasion, cancellations may happen on short notice due to unexpected situations such as pool fouling, facility cancellations, power failure, or mechanical difficulties. We apologize for any inconvenience this may cause. Weather cancellations will be announced on social media. You can follow The Parks and Recreation Division on Facebook and Instagram @OrilliaParksandRecreation for cancellation announcements.

Evaluations

Swimming lessons follow progressive evaluations and recognize that everyone learns at a different pace. Please realize that your child may need to repeat a level to ensure that they have mastered all of the required skills. This will help to make your child a stronger, more competent swimmer. **If you have any questions, please contact Meghan Tibbett at mtibbett@orillia.ca.**

Notes for Parents / Guardians

Please ensure that your child has gone to the bathroom, and has had a shower before entering the pool. Please ensure that your child wears proper swimming diapers if necessary. If your child has been ill or is nauseous, it is recommended that you do not send them to class. It is suggested that your child avoid eating at least one hour prior to swimming lessons. **If you are unsure of the level your child should take, please contact Meghan Tibbett at mtibbett@orillia.ca.**

What to do when your child turns six:

Regardless of which Preschool level your child completes, once they turn six years old, they will start the Swimmer levels. If you have any concerns, contact Meghan Tibbett at mtibbett@orillia.ca.

Preschool 3 » Swimmer 1

Preschool 4 » Swimmer 2

Preschool 5 » Swimmer 3

Lesson Schedule Overview

A variety of lessons are offered at the Orillia Recreation Centre including Parent & Tot, Preschool and Swimmer levels. Two back-to-back 8-week sessions available!

Program lengths: 8 weeks (most private lessons 4 weeks)

Session 1: Sept. 14 to Nov. 15

Session 2: Nov. 16 to Jan. 24



New: Find registration links to all program categories on page 29.

Session 1 (Sept. 14 to Nov. 9)

Saturday Mornings (Session 1)

9:00 AM	Preschool 1 125687		Preschool 2 125720		Swimmer 1 126144		Swimmer 2 126178		Private 125885 / 126532		Adult 1 126130
9:15 AM		Preschool Prep 125819		Parent & Tot 2 125646		Preschool 3 125759		Private 125856 / 126533		Parent & Tot 1 125623	
9:30 AM	Private 128689		Preschool 4 125785		Preschool 5 125797		Preschool 6 128693		Swimmer 3 126203		Swimmer 4 126224
9:45 AM		Preschool Prep 125830		Parent & Tot 3 125662		Swimmer Prep 128703		Private 128690			
10:00 AM	Preschool 2 128695		Preschool 1 125701		Swimmer 2 126188		Preschool 3 125768		Youth 1 128692		Swimmer 5 126255
10:15 AM		Parent & Tot 3 127035		Swimmer 1 (H30) 126160		Preschool 4 125788		Swimmer 2 12685			
10:30 AM	Parent & Tot 1 125632		Parent & Tot 2 125656		Preschool 2 (H30) 127103		Preschool 5 125805				
10:45 AM		Preschool 3 (H30) 125774		Swimmer 1 126156		Private 128691		Preschool 6 128694		Swimmer 7 126270	Swimmer 10 - Star 126168
11:00 AM	Swimmer Prep 128704		Swimmer 2 (H30) 128696		Preschool 2 125735		Swimmer 3 (H30) 128697		Swimmer 6 126259		
11:15 AM		Preschool 1 126364		Private 125490 / 126617		Swimmer 3 126216		Swimmer 4 126233		Private 125941 / 126618	Bronze Star 125603
11:30 AM	Parent & Tot 3 125674		Preschool 5 126474		Swimmer 1 126821						
11:45 AM		Preschool 4 126462		Swimmer 1 126821							
12:00 PM	Preschool Prep 126496		Private 128687 / 128688								
12:15 PM											
12:30 PM											

Sunday Mornings (Session 1)

9:00 AM	Parent & Tot 1 125627		Preschool 3		Parent & Tot 2 125642		Adult 3 128702		Swimmer 2 126176	Swimmer 4 126225	Swimmer 5 126243
9:15 AM		Preschool 1 125689		Swimmer Prep 128705		Private 125879 / 126646		Swimmer 3 126202			
9:30 AM	Parent & Tot 3 125668		Preschool Prep 125814		Swimmer 1 126138		Preschool 3 125766		Youth 1 128700		
9:45 AM		Preschool 4 125781		Preschool 5 125798		Preschool 6 125766		Swimmer 2 (H30) 128710		Swimmer 6 128667	Swimmer 8 - Rookie 128698
10:00 AM	Preschool 2 125723		Parent & Tot 1 125636		Parent & Tot 2 128707		Swimmer 1 126150		Swimmer 3 (H30) 128711	Swimmer 7 128709	
10:15 AM		Swimmer Prep 128706		Parent & Tot 3 125652		Swimmer 2 126186		Swimmer 4 128711			
10:30 AM	Preschool 6 128668		Preschool Prep 125825		Preschool 4 125680		Private 128713 / 128714		Swimmer 5 126132	Swimmer 9 - Ranger 128699	Adult 1 128701
10:45 AM		Preschool 1 126366		Preschool 2 125738		Swimmer 1 126821		Adult 2 126132			
11:00 AM	Preschool 3 (H30) 128708		Private 126556 / 127323					Private 126556 / 127323			
11:15 AM											
11:30 AM											

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9:45 AM	Parent & Tot 1 130181	Parent & Tot 2 125648
10:00 AM		
10:15 AM	Parent & Tot 1 129824	Parent & Tot 2 129825
10:30 AM		
10:45 AM	Preschool Prep/1 130680/130681	Parent & Tot 3 130185
11:00 AM		
11:15 AM	Private - Leisure 129826 / 130219	Private - Leisure 130186 / 130218
11:30 AM		



04:45 PM				Private - Leisure 126749/130175	Private - Leisure 126838/130176	Private - Leisure 129839/130178				
05:00 PM	Parent & Tot 1 125626	Preschool 2 125717	Preschool 1 125684							
05:15 PM				Preschool Prep 125882	Preschool 3 125754	Preschool 4 125782				
05:30 PM	Parent & Tot 3 125660	Preschool 5 125801	Parent & Tot 2 125640				Swimmer 1 126147	Swimmer 2 125725		
05:45 PM				Swimmer 3 (H30) 129836	Preschool 1 (H30) 129837	Swimmer Prep 130889				
06:00 PM	Preschool Prep 129828	Preschool 2 (H30) 125749	Preschool 3 (H30) 125773				Swimmer 3 126872	Swimmer 4 7584		
06:15 PM				Preschool 129827	Private 130131 / 130177	Preschool 6 129830				
06:30 PM							Swimmer 126267	Swimmer 7 126268	Bronze Star 125604	Swimmer 8 - Rookie 130180
06:45 PM				Swimmer 3 129829	Swimmer 1 (H30) 126158	Private 130132 / 130179				
07:00 PM										
07:15 PM										

04:30 PM				Private - Leisure 130171 / 130172	Preschool 3 130143	Private - Leisure 130173 / 130174			
04:45 PM									
05:00 PM									
05:15 PM	Parent & Tot 3 130135	Parent & Tot 2 130134	Preschool Prep 130153	Preschool 1 130137	Preschool 4 130142	Swimmer 1 130139			
05:30 PM									
05:45 PM	Parent & Tot 1 130133	Preschool 2 130138	Preschool 3 130144	Preschool 4 (H30) 130152	Preschool 6 (H30)	Swimmer Prep 130157	Swimmer 2 130146	Swimmer 3 105442	Swimmer 4 130147
06:00 PM									
06:15 PM	Preschool 1 130136	Preschool 5 130145	Swimmer 1 130140	Private 130159 / 130160	Private 130161 / 130162	Swimmer 2 (H30) 130155	Swimmer 5 130150	Swimmer 6 130149	Swimmer 7 130148
06:30 PM									
06:45 PM	Swimmer Prep 130158	Preschool 5 (H30) 130151	Preschool 3 (H30) 130141	Private 130163 / 130164	Private 130165 / 130166	Swimmer 3 (H30) 130156	Private 130167 / 130168	Private 130169 / 130170	
07:00 PM									

Thursday Mornings (Session 1)

9:45 AM	Parent & Tot 1/2 130381 / 130382	Parent & Tot 2/3 130385 / 130386
10:00 AM		
10:15 AM	Preschool Prep/1 130387 / 130388	Parent & Tot 1 105769
10:30 AM		
10:45 AM	Private - Leisure 126029 / 130220	Private - Leisure 130221 / 130222
11:00 AM		

Thursday Afternoons (Session 1)

12:45 PM	Preschool 1/2 130383 / 130384	Swimmer 1 130310	Swimmer 4/5 130395 / 130396	Private 130400 / 130401	Bronze Star 130399
01:00 PM					
01:15 PM	Preschool 3/4 130389 / 130390	Swimmer 2 130311		Swimmer 8/9 - Rookie/ Ranger 130397 / 130398	
01:30 PM					
01:45 PM	Preschool 5/6 130391 / 130392	Swimmer 3 126880	Swimmer 6/7 130393 / 130394		
02:00 PM					

Thursday Evenings (Session 1)

04:45 PM				Private - Leisure 130251 / 130252	Private - Leisure 130253 / 130254	Private - Leisure 130256 / 130255						
05:00 PM	Preschool Prep 130225	Parent & Tot 1 130228	Parent & Tot 3 130230									
05:15 PM				Preschool 2 (H30) 130235	Preschool 1 130226	Preschool 4 130236						
05:30 PM	Preschool 3 (H30) 130227	Preschool 5 130231	Parent & Tot 2 130229				Swimmer 1 130239	Swimmer 2 130240				
05:45 PM				Swimmer 3 (H30) 130247	Preschool 1 (H30) 130237	Swimmer Prep 130248						
06:00 PM	Preschool Prep 130234	Preschool 2 (H30) 130233	Preschool 2 130232				Swimmer 3 130242	Swimmer 4 130241				
06:15 PM				Swimmer 3 130249	Swimmer 2 130250	Preschool 6 130238						
06:30 PM							Swimmer 126265					
06:45 PM				Private 130257 / 130258	Private 130261 / 130259	Private 130262 / 130260		Swimmer 5 130243	Swimmer 9 - Ranger 130244	Swimmer 7 130245	Youth 1 130246	
07:00 PM												
07:15 PM												

Friday Evenings (Session 1)

05:00 PM	Private - Leisure 130296 / 130301	Private - Leisure 130297 / 130300	Private - Leisure 130298 / 130299	Parent & Tot 3 130295	Preschool Prep 130275	Preschool 130279	Preschool 2 130280					
05:15 PM												
05:30 PM	Parent & Tot 1 130265	Parent & Tot 2 130266	Preschool 5 130273	Preschool 1 130278	Preschool 3 130281	Swimmer 1 130285	Swimmer 2 130288	Private 130305 / 130308				
05:45 PM												
06:00 PM	Parent & Tot 130267	Swimmer 2 (H30) 130269	Preschool Prep 130274	Swimmer Prep 130282	Private 130302 / 130303	Swimmer 3 130286	Swimmer 5 130289	Private 130306 / 130307	Bronze Star 130292	Adult 1 130293		
06:15 PM												
06:30 PM	Preschool 2 (H30) 130268	Preschool 3 (H30) 130270	Swimmer 1 (H30) 130276	Swimmer 3 (H30) 130283		Swimmer 4 130284	Swimmer 6 130287					
06:45 PM												
07:00 PM	Preschool 6 130271	Preschool 4 130272	Preschool 5 130277	Private 130304 / 130309				Swimmer 7 130290	Swimmer 10 - Star 130291	Private 130625 / 130624	Adult 2 130294	
07:15 PM												

New: Find registration links to all program categories on page 29.



Session 2 (Nov. 16 to Jan. 24)

Saturday Mornings (Session 2)

9:00 AM	Preschool 1		Preschool 2		Swimmer 1		Swimmer 2		Private		Adult 1
9:15 AM	126378	Preschool Prep	126397	Parent & Tot 2	127498	Preschool 3	126865	Private	130742 / 130745	Parent & Tot 1	130733
9:30 AM	Preschool Prep	126507	Preschool 4	130700	Preschool 5	126436	Preschool 6	130741 / 130746	SW 4	130728	
9:45 AM	127184	Preschool Prep	126465	Parent & Tot 3	125797	Swimmer Prep	130717	Swimmer 3	126901	Swimmer 9 -	Swimmer 8 -
10:00 AM	Preschool 6 (H30)	127173	Preschool 1	126339	Swimmer 2	126165	Private	126893		126279	126277
10:15 AM	130919	Private 130736	130902	Swimmer 1 (H30)	130925	Preschool 3	130738	Swimmer 6	Swimmer 5		
10:30 AM	Parent & Tot 1		Parent & Tot 2	130916	Preschool 4	130908	Swimmer 2	126264	126932		
10:45 AM	130920	Preschool 3 (H30)	130921	Preschool 2 (H30)	127142	Preschool 5	130926			Swimmer 10	Bronze Star
11:00 AM	Swimmer Prep	125777	Swimmer 1	130915	Private 130737	127151	Preschool 6	Swimmer 7	Adult 2	126169	130929
11:15 AM	130931	Preschool 1	130923	Swimmer 2 (H30)		Swimmer 3 (H30)	130913	126274	130930		
11:30 AM	Parent & Tot 3	130903	Preschool 5	130918	Preschool 2	130917	SW 4				
11:45 AM	130922	Preschool 4	130910	Private 130740 / 130747	130907	Swimmer 3	126910	Swimmer 5	Private 130743 / 130744		
12:00 PM	Preschool Prep	130912	Private 130739 / 130748		Swimmer 1	130927		126933			
12:15 PM	130928				130924						

Sunday Mornings (Session 2)

9:00 AM	Parent & Tot 1		Preschool 3		Parent & Tot 2		Adult 3		Swimmer 2	SW 4	Preschool 1
9:15 AM	126313	Preschool 1	126434	Swimmer Prep	126329	Private 130637 / 130932	130631	Swimmer 3	126853	126234	125703
9:30 AM	Parent & Tot 3	126380	Preschool Prep	130629	Swimmer 1			126215	Youth 1		Preschool 2
9:45 AM	130934	Preschool 4	126491	Preschool 5	126815	Parent & Tot 2	Private	Swimmer 2 (H30)	130635	Swimmer 6	126400
10:00 AM	Preschool 2	126458	Parent & Tot 3	126475	Preschool 6	126319	130638 / 130666	130632		130939	Bronze Star
10:15 AM	126415	Swimmer Prep	126345	Parent & Tot 2	130630	Swimmer 1	Swimmer 2	Swimmer 3 (H30)	Swimmer 7		130935
10:30 AM	Preschool 6	130628	Preschool Prep	130933	Parent & Tot 1	126827	126863	130633	130634	Swimmer 8 -	
10:45 AM	130936	Private 130665 / 130664	130937	Preschool 4	126304	Swimmer 5	Private 130668 / 130667	Adult 2	126133	130636	
11:00 AM	Preschool 3 (H30)		Preschool 2	126466	Preschool 5	126521			Private 130673 / 130674		
11:15 AM	130627		130938		126483						

Monday Evenings (Session 2)

05:00 PM	Parent & Tot 1 130313		Preschool Prep		Private - Leisure 130317 / 130318						
05:15 PM		Private - Leisure 130322 / 130679	130315	Preschool 2 130319		Parent & Tot 2 130378					
05:30 PM	Preschool 1		Private 130327 / 130460		Preschool 3 130325		Swimmer Prep 130332	Swimmer 3 130330	Swimmer 2 130328		
05:45 PM	130323	Parent & Tot 3 130371		Swimmer Prep 130891		Preschool 6 130379		Swimmer 4 130350	Swimmer 5 130352	Swimmer 1	
06:00 PM	Preschool 5 130356		Preschool 4 130372		Preschool Prep 130375		Swimmer 1 (H30) 130358				
06:15 PM		Preschool 3 (H30) 130354		Preschool 2 (H30) 130377							
06:30 PM	Preschool 1 130370		Swimmer 2 (H30) 130362		Preschool 6 130360					Swimmer 6 130363	
06:45 PM		Preschool 5 130369		Preschool 4 130364		Private 130365 / 130366	Swimmer 3 130367	Private 130366 / 130462			
07:00 PM											

9:45 AM	Parent & Tot 1 130404	Parent & Tot 2 130406
10:00 AM		
10:15 AM	Parent & Tot 1 130405	Parent & Tot 2 130407
10:30 AM		
10:45 AM	Preschool Prep/1 130409 / 130410	Parent & Tot 3 130408
11:00 AM		
11:15 AM	Private - Leisure 130411 / 130459	Private - Leisure 130412 / 130458
11:30 AM		

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04:30 PM				Private - Leisure 130463 / 130464	Preschool 3 130467	Private - Leisure 130466 / 130465			
04:45 PM									
05:00 PM	Parent & Tot 3 130491	Parent & Tot 2 130493	Preschool Prep 130469	Preschool 1 130470	Preschool 4 130472	Swimmer 1 130474			
05:15 PM									
05:30 PM	Parent & Tot 1 130492	Preschool 2 130478	Preschool 3 130468	Preschool 4 (H30) 130473	Preschool 6 (H30) 130476	Swimmer Prep 130477	Swimmer 2 130484	Swimmer 3 130485	Swimmer 4 130488
05:45 PM									
06:00 PM	Preschool 1 130471	Preschool 5 130479	Swimmer 1 130475	Private 130494 / 130500	Private 130495 / 130501	Swimmer 2 (H30) 130483	Swimmer 5 130486	Swimmer 6 130487	Swimmer 7 130489
06:15 PM									
06:30 PM	Swimmer Prep 130482	Preschool 5 (H30) 130480	Preschool 3 (H30) 130481	Private 130497 / 130502	Private 130497 / 130503	Swimmer 3 (H30) 130490	Private 130498 / 130504	Private 130499 / 130505	
06:45 PM									
07:00 PM									

9:45 AM	Parent & Tot 1/2 130506/130507	Parent & Tot 2/3 130508/130509
10:00 AM		
10:15 AM	Preschool Prep/1 130511/130512	Parent & Tot 1 130510
10:30 AM		
10:45 AM	Private - Leisure 130513/130514	Private - Leisure 130514 / 130515
11:00 AM		

12:45 PM	Preschool 1/2 130517 / 130518	Swimmer 1 130525	Swimmer 4/5 130528 / 130529	Private 130535 / 130536	Bronze Star 130534
01:00 PM					
01:15 PM	Preschool 3/4 130519 / 130522	Swimmer 2 130526		Swimmer 8/9 - Rookie/Ranger 130532 / 130533	
01:30 PM					
01:45 PM	Preschool 5/6 130523 / 130524	Swimmer 3 130527	Swimmer 6/7 130530 / 130531		
02:00 PM					

Thursday Evenings (Session 2)

04:45 PM				Private - Leisure 130549 / 130552	Private - Leisure 130550 / 130553	Private - Leisure 130551 / 130554					
05:00 PM	Preschool Prep 130537	Parent & Tot 1 130543	Parent & Tot 3 130545								
05:15 PM				Preschool 2 (H30) 130555	Preschool 1 130556	Preschool 4 130558					
05:30 PM	Preschool 3 (H30) 130539	Preschool 5 130542	Parent & Tot 2 130544				Swimmer 1 130565	Swimmer 2 130566			
05:45 PM				Swimmer 3 (H30) 130899	Preschool 1 (H30) 130560	Swimmer Prep 130538	Swimmer 3 130562	Swimmer 4 130568			
06:00 PM	Preschool Prep 130561	Preschool 2 (H30) 130340	Preschool 2 130541								
06:15 PM				Swimmer 3 130567	Swimmer 2 130563	Preschool 6 130564					
06:30 PM							Swimmer 6 130569				
06:45 PM				Private 130571 / 130576	Private 130572 / 130575	Private 130573 / 130574		Swimmer 5 130570	Swimmer 9 - Ranger 130547	Swimmer 7 130546	Youth 1 130548
07:00 PM											
07:15 PM											

Friday Evenings (Session 2)

05:00 PM	Private - Leisure 130577 / 130582	Private - Leisure 130578 / 130581	Private - Leisure 130579 / 130580	Parent & Tot 3 130583	Preschool Prep 130605	Preschool 4 130606	Preschool 2 130610				
05:15 PM											
05:30 PM	Parent & Tot 1 130584	Parent & Tot 2 130585	Preschool 5 130587	Preschool 1 130588	Preschool 3 130604	Swimmer 1 130607	Swimmer 2 130611	Private 130618 / 130620			
05:45 PM											
06:00 PM	Parent & Tot 3 130586	Swimmer 2 (H30) 130591	Preschool Prep 130589	Swimmer Prep 130590	Private 130600 / 130601	Swimmer 3 130608	Swimmer 5 130612	Private 130619 / 130621	Bronze Star 130615	Adult 1 130616	
06:15 PM											
06:30 PM	Preschool 2 (H30) 130592	Preschool 3 (H30) 130593	Swimmer 1 (H30) 130594	Swimmer 3 (H30) 130595							
06:45 PM					Swimmer 4 130603	Swimmer 6 130609					
07:00 PM	Preschool 6 130596	Preschool 4 130597	Preschool 5 130598	Private 130599 / 130602			Swimmer 7 130613	Swimmer 10 - Star 130614		Adult 2 130617	
07:15 PM									Private 130622 / 130623		

● Preschool Levels
 ● Parent & Tot Levels
 ● Swimmer Levels
 ● Specialty Levels
 ● Private Lessons



Lesson Descriptions

New Interactive Layout!

Simply click any program to view **more information** directly on the registration website.



Parent & Tot

Parent & Tot 1

3M - 12M

Orillia Recreation Centre, Aquatic Centre

Spend quality time with your swimmer through structured in-water interaction between adult and swimmer. Focus on building comfort in the water through assisted front/back floats, paddling on front and back, and readiness for submersion. Parents/Guardians will learn to support their swimmer while developing trust and confidence in an aquatic environment. **Parent participation is required.**



Parent & Tot 2

12M - 24M

Orillia Recreation Centre, Aquatic Centre

Spend quality time with your swimmer and further increase comfort and enjoyment in the water while learning the following skills: assisted front/back support, blowing bubbles, getting face wet and floating with PFD's. **Parent participation is required.**



Parent & Tot 3

2Y - 3Y

Orillia Recreation Centre, Aquatic Centre

Spend quality time with your swimmer and gain confidence and comfort in the water while learning the following skills: jump entry, attempt to recover object underwater, and underwater passes from instructor to parent/guardian. **Parent participation is required.**



Preschool

Preschool Prep

3Y - 5Y

Orillia Recreation Centre, Aquatic Centre

Unsure if your preschooler is ready to go it alone? Preschool Prep offers the same content as Preschool 1, but allows parents to participate as many classes as needed for your preschooler. The goal is to help your preschooler feel comfortable on their own. **Parent participation is required for the first 4 weeks minimum.**



Preschool 1

3Y - 5Y

Orillia Recreation Centre, Aquatic Centre

Preschool 1 is designed to help young swimmers become more comfortable in the water by learning skills such as front and back floats and glides, jumping into chest-deep water with a Personal Flotation Device (PFD) and getting their face wet.

Preschool 2

3Y - 5Y

Orillia Recreation Centre, Aquatic Centre

Preschool 2 is designed to build on skills learned in Preschool 1. Swimmers will practice floating and gliding on their front and back while wearing a Personal Flotation Device (PFD), and jump into chest deep water by themselves. They will also learn to submerge their face and exhale underwater.

Preschool 3

3Y - 5Y

Orillia Recreation Centre, Aquatic Centre

Preschool 3 builds on previously learned skills. Swimmers will learn to float on their front and back on their own, and retrieve submerged objects from waist-deep water. They will also learn a side roll entry into the pool while wearing a Personal Flotation Device (PFD).

Attention Parents/Guardians:

- Spectators may watch lessons from the on-deck viewing area or upper level bleachers.
- Access to on-deck viewing area is only accessible by the main hallway. There is no deck access from the on-deck viewing area.
- Everyone on the pool deck must be in bathing attire.
- Participants are to wait at the designated meeting spot for their level.
- Participants must shower with soap and water, prior to entering the pool.
- Pictures will only be available on the last day of lessons.
- Please notify your instructor prior to the start of lessons of any medical conditions.

Preschool 4

3Y - 5Y

Orillia Recreation Centre, Aquatic Centre

Preschool 4 continues to work on kicking & gliding through the water and introduces front crawl. Swimmers will jump and side roll into deep water while wearing a Personal Flotation Device (PFD) and retrieve objects from the bottom in waist-deep water.

Preschool 5

3Y - 5Y

Orillia Recreation Centre, Aquatic Centre

Preschool 5 challenges swimmers with longer front crawl and back crawl swims. They will begin to learn whip kick and how to forward roll into deep water while wearing a Personal Flotation Device (PFD). Swimmers will also work on holding their breath for up to 10 sec.

Preschool 6

3Y - 5Y

Orillia Recreation Centre, Aquatic Centre

Preschool 6 is for swimmers who are not yet old enough for Swimmer levels but are ready for more advanced deep-water skills. Participants will build confidence in deep water while performing front and back crawl over longer distances.



New Interactive Layout!

Simply click any program to view **more information** directly on the registration website.



Children & Youth

Swimmer Prep

3Y - 5Y

Orillia Recreation Centre, Aquatic Centre

Swimmer Prep is for beginner swimmers ages 6+ to build comfort in the water. Swimmers will work on front and back floats, flutter kick, and building water comfort.

Swimmer 1

6Y - 12Y

Orillia Recreation Centre, Aquatic Centre

Swimmer 1 is for beginner swimmers aged 6+. Swimmers will learn to open their eyes, exhale and hold their breath underwater. They'll work on glides, kicking on their front and back, and becoming comfortable jumping into water without a Personal Flotation Device (PFD).

Swimmer 2

6Y - 12Y

Orillia Recreation Centre, Aquatic Centre

Swimmer 2 introduces vertical whip kick and surface support (10 sec.). Swimmers will build endurance by kicking on their front and back (10m) and front and back crawl (10m). Swimmers will practice recovering objects in shallow water and jumping into deep water.

H30

3Y - 12Y

Orillia Recreation Centre, Aquatic Centre

H30 is a low ratio class with a maximum of three participants available for Preschool 1-3 and Swimmer 1 levels.



The Fun Pass

Enjoy unlimited access to the Fitness Centre, Walking Track, drop-in programs and more at the Orillia Recreation Centre.

To view rates and get more information, see pages 6-7.



Swimmer 3

6Y - 12Y

Orillia Recreation Centre, Aquatic Centre

Swimmer 3 builds confidence in deep water with swimmers learning surface support (20 sec) and front and back crawl (15m). Swimmers will learn sideways entries in deep water wearing a Personal Flotation Device (PFD) and holding their breath (10 sec).

Swimmer 4

6Y - 12Y

Orillia Recreation Centre, Aquatic Centre

Swimmer 4 introduces the Canadian Swim to Survive® Standard. Swimmers will work on front crawl, back crawl (10-15m). Interval training (4x25m) whip kick and flutter kick will help swimmers build further endurance.

Swimmer 5

6Y - 12Y

Orillia Recreation Centre, Aquatic Centre

Swimmer 5 participants will perform 25m sprints of front crawl and interval training of front crawl and back crawl. Swimmers will also work on swimming underwater for 5m.

Swimmer 6

6Y - 12Y

Orillia Recreation Centre, Aquatic Centre

Swimmer 6 participants will refine their front and back crawl (50m) and breaststroke (15-25m). They will increase their speed in 25m sprints and complete two interval training sets: 4x50m of front or back crawl; and 4x10-15m of breaststroke.

Swimmer 7

6Y - 12Y

Orillia Recreation Centre, Aquatic Centre

Swimmer 7 introduces more advanced aquatic skills such as stride entries, compact jumps, and lifesaving kicks like eggbeater and scissor. Swimmers will perform head-up breaststroke sprints (25m) and complete a 300m endurance workout.

Swimmer 8 (Rookie Patrol)

8Y - 12Y

Orillia Recreation Centre, Aquatic Centre

Rookie Patrol develops strength and efficiency with an emphasis on personal responsibility in the water. Swimmers will complete a 100m swim in 3 minutes, maintain eggbeater kick for 1 min, and complete a 200-300m endurance swim.

Swimmer 9 (Ranger Patrol)

8Y - 12Y

Orillia Recreation Centre, Aquatic Centre

Ranger Patrol introduces basic rescue techniques, victim simulation, and minor first aid treatment. Swimmers will complete a 200m swim in 6 minutes. Swimmers will also learn non-contact rescues to enhance capability and personal safety in and around the water.

Swimmer 10 (Star Patrol)

8Y - 12Y

Orillia Recreation Centre, Aquatic Centre

Star Patrol will have swimmers complete a 300m swim in 9 minutes and learn more advanced rescue techniques, including 20m rescue with towing aid and supporting a face-up victim in shallow water.

Bronze Star

8Y - 12Y

Orillia Recreation Centre, Aquatic Centre

Your lifesaving career starts here! Participants will develop swim stroke efficiency, lifesaving skills and personal strength and endurance fitness. Participants develop problem-solving and decision-making skills individually and with partners to assess rescue risks and self-rescue skills in open water. **Bronze Star is the prerequisite for Bronze Medallion (if swimmer is not 13 years old.)**

Swim Youth 1

10Y - 17Y

Orillia Recreation Centre, Aquatic Centre

Build confidence in shallow water while working on 10-15m swims on your front and back. Develop underwater swim skills with object recoveries and entries from the side. Improve your physical fitness with interval training kick sets. This program is for Youth.



Adult

Aqua ABCs

16Y+

📍 Orillia Recreation Centre, Aquatic Centre

Build arm strength and improve your balance while challenging your core with a low impact program using pool noodles and set to music in warm, shallow water. No prerequisites necessary.

Aqua BCDs

16Y+

📍 Orillia Recreation Centre, Aquatic Centre

Challenge your balance, strengthen your core, and improve muscle definition in this warm, shallow water, low impact class. No prerequisites necessary.

Aqua Yoga

16Y+

📍 Orillia Recreation Centre, Aquatic Centre

This program fuses the benefits of a land yoga practice along with the benefits of buoyancy and hydrostatic pressure, enjoyed in a warm water environment. Aqua Yoga offers traditional asanas adapted to water and is suitable for all fitness levels, newcomers to yoga and anyone looking for reduced joint pressure as they practice. Come improve your balance and flexibility, build strength and body awareness while reducing stress!

Aqua Zumba

16Y+

📍 Orillia Recreation Centre, Aquatic Centre

Program Come make a splash by adding a low-impact, high-energy aquatic exercise to your fitness routine. Aqua Zumba blends the Zumba philosophy with water resistance, for one pool party you shouldn't miss! Water creates natural resistance, which means every step is more challenging and helps tone your muscles with less impact on your joints, resulting in an effective whole body workout.

Baby & Me Aquafit

16Y+

📍 Orillia Recreation Centre, Aquatic Centre

Dive into a world of aquatic fitness and bonding with Baby & Me Aquafit! This fun class in the lap pool allows the caregiver and baby to actively participate together with instructor guidance and supervision. Your baby will enjoy interactive play in the water while you follow the instructor through a series of muscle conditioning exercises using both the water and your baby as resistance. Babies are placed in provided floating seats allowing them to get used to the water and be around other babies. **When registering, please register the adult for the program, not the child. Your child must have independent neck support during movement to participate in this program. We recommend wearing aqua shoes and to bring a non-breakable water bottle.**



Swim Adult 1

16Y+

📍 Orillia Recreation Centre, Aquatic Centre

Build confidence in shallow water while working on 10-15m swims on your front and back. Develop underwater swim skills with object recoveries and entries from the side. Improve your physical fitness with interval training kick sets.

Swim Adult 2

16Y+

📍 Orillia Recreation Centre, Aquatic Centre

Kick it up a notch working on two interval training workouts of 4 x 25 m kicking and front or back crawl. You'll be able to perform dive entries and demonstrate breaststroke arms and breathing over 10-15 m. You'll be supporting yourself at the surface for 1-2 minutes, and showing off your handstands in shallow water.

Private Lessons

Private Lessons

3Y+

📍 Orillia Recreation Centre, Aquatic Centre

Dive into personalized aquatic learning with our private swim lessons! Whether you're a beginner or trying to refine your skills, our experienced instructors will guide you in a private setting. Unlock your swimming potential and gain confidence in the water. These lessons are available for all ages including adults.



your ad
here

11,000+
visitors per week at
the Orillia Recreation
Centre*

Showcase your business where community comes together

Advertising opportunities:

- Arena signs
- Digital screens
- Outdoor signage

Flexible options:

With various price points available, businesses of all sizes can find an opportunity that works.

Let's work together

For availability, pricing, and current opportunities, contact advertising@orillia.ca.

*Approximate attendance



Preschool

» Registration begins:
Monday, Aug. 10, 2026

0Y - 2Y

Baby & Me: Stretch and Strength

16Y+

📍 Orillia Recreation Centre, Preschool Room

Baby & Me: Stretch and Strength is a fun and welcoming class for parents and caregivers with their little ones. Enjoy gentle stretching and strengthening exercises designed to improve flexibility, mobility, and overall wellness while spending quality time together. Child must have developed independent neck support during movement. When registering, please register the adult for the program, not the child.



All programs with this symbol are parented. Please come prepared to participate with your child.

Developmental Programming

Developmental Programming is created through partnership with Lakehead University's Office of Community Engagement and Lifelong Learning.



Lakehead
UNIVERSITY

ORILLIA

Gentle Beginnings: 3-6 Months

3M-6M

📍 Orillia Recreation Centre, Preschool Room

This 6-week program for 3-month to 6-month infants will offer many opportunities to engage in activities with your child, including tummy time, sensory play, and early language learning. It will also provide an opportunity for you to connect with families in the community and learn about different activities to support your child's development. Parent and/or guardian attendance and participation is required for this program.



Gentle Beginnings: 6-12 Months

6M-12M

📍 Orillia Recreation Centre, Preschool Room

This 6-week program for 6-month to 12-month babies will offer many opportunities for your child to engage in activities that support their physical, cognitive, and social development. Activities will include block play, sensory play, and simple art activities. Sitting with support, sitting independently, crawling, scooting, and walking infants are all welcome. Activities will vary to support your child's stage of development. Parent and/or guardian attendance and participation is required for this program.



New Interactive Layout!

Simply click any program to view **more information** directly on the registration website.



Play & Grow: 12-18 Months

12M-18M

Orillia Recreation Centre, Preschool Room

Developed through partnership with Lakehead University's Office of Community Engagement & Lifelong Learning. This program for 12-month to 18-month babies will offer many opportunities for your child to engage in activities that support different areas of their development. Each week, various centre activities will be offered, such as building activities, simple art activities, sensory play, water play, pretend play, and early reading activities. Sitting, crawling, furniture surfing, and walking babies are all welcome. Various activity options will be provided to support your child's stage of development. Parent and/or guardian attendance and participation is required for this program.



Play & Grow: 18-24 Months

18M-24M

Orillia Recreation Centre, Preschool Room

This 6-week program for 18-month to 24-month children will offer many opportunities for your child to engage in activities that support their social, cognitive, and physical development. Each week, various centre activities will be offered, such as building activities, art activities, sensory play, pretend play, and early reading activities. Weather permitting, there will be opportunities for simple outdoor play, as our preschool room has an attached outdoor play area. Short whole group activities, such as simple music games, will also be offered in each session. Parent and/or guardian attendance and participation is required for this program.



2Y - 4Y

Preschool Prep

2Y-3Y

Orillia Recreation Centre, Preschool Room

This 8-week program will offer many opportunities for your child to engage in activities that support their social, cognitive, and physical development. Various centre activities will be offered, such as building activities, art activities, sensory play, pretend play, and early language learning. Weather permitting, there will be opportunities for simple outdoor play. Short group activities, such as simple music games and story time, will also be offered. Guardians are required to stay for the sessions. In the first couple of weeks, they are expected to actively participate alongside their child. Over time, as children gain confidence and skills, parents will gradually be encouraged to step back and eventually step out of the room to allow their child to practice independence in a safe and supportive environment.



Kinder Prep

3Y-4Y

Orillia Recreation Centre, Preschool Room

Developed through partnership with Lakehead University's Office of Community Engagement & Lifelong Learning. This 8-week program for 3- to 4-year-old children will focus on helping to prepare your child for kindergarten. Each week, various activities will be offered to help your child build independence and skills. For example, activities will provide practice putting on shoes and jackets, opening lunch containers, sitting on a carpet for story time, developing dexterity with school tools (scissors, markers, pencils, etc.), playing with other children, and listening to instructions. Weather permitting, there will be opportunities for simple outdoor play, as our preschool room has an attached outdoor play area. Parents and guardians are required to stay for the sessions. In the first couple of weeks, they are expected to actively participate alongside their child. Over time, as children gain confidence and skills, parents will gradually be encouraged to step back and eventually step out of the room to allow their child to practice independence in a safe and supportive environment.



Littlest Warriors

2Y-3Y

West Orillia Sports Complex, Tournament Room

Warrior Athletes is a sport and movement program designed to build physical literacy and inspire a lifelong love of sport and active participation. Programs are delivered in a safe, positive environment that supports both physical and emotional growth. Small class sizes ensure each participant receives individual attention and encouragement. Littlest Warriors (Ages 2-3) is a fun and engaging introduction to fundamental movement skills, including locomotion, stability, and object manipulation. This program helps our youngest athletes build a strong foundation that supports the development of more advanced skills in the years ahead.



New Interactive Layout!

Simply click any program to view **more information** directly on the registration website.



Parent and Tot: Tippy Toes

3Y-5Y

📍 **West Orillia Sports Complex, Orillia Room**

A fun introduction to Highland dance for toddlers and their grown-ups! This class focuses on moving to music, learning basic Highland steps, dancing on tiptoes, and building coordination, all in a playful and supportive setting. Parent and/or guardian attendance and participation is required for this program.



Junior Warriors

3Y-4Y

📍 **West Orillia Sports Complex, Tournament Room**

Warrior Athletes is a sport and movement program designed to build physical literacy and inspire a lifelong love of sport and active participation. Programs are delivered in a safe, positive environment that supports both physical and emotional growth. Small class sizes ensure each participant receives individual attention and encouragement. Junior Warriors (Ages 3-4) takes a fun and active approach to introducing sport and more advanced movement skills. Through games and structured activities that incorporate agility, balance, coordination, and speed, participants develop fundamental movement skills essential for lifelong health and sport participation. It's the perfect combination of fitness and fun.



4Y - 6Y

Dance for Tots

4Y-6Y

📍 **Orillia Recreation Centre, Multi-Purpose Room**

Does someone in your life love to twirl, skip, and dance around the house? Dance for Tots is the perfect place to begin! In this fun and welcoming class, little dancers will explore the basics of jazz, hip hop, ballet, and more through music, movement, and games. Participants will learn simple dance steps, practice beginner choreography, build confidence, and stay active while making new friends and discovering the joy of dance.



Junior Warriors

4Y-5Y

📍 **West Orillia Sports Complex, Tournament Room**

Warrior Athletes is a sport and movement program designed to build physical literacy and inspire a lifelong love of sport and active participation. Delivered in a safe, positive environment that supports both physical and emotional growth, small class sizes ensure participants receive individual attention and encouragement. Junior Warriors (Ages 3-5) takes a fun and active approach to introducing sport and more advanced movement skills. Through games and structured activities that incorporate agility, balance, coordination, and speed, participants develop fundamental movement skills essential for lifelong health and sport participation. It's the perfect combination of fitness and fun.



Winter Camps

4Y-6Y

📍 **West Orillia Sports Complex, Orillia Room**

Our winter break day camp offers a dynamic blend of indoor and outdoor activities designed to engage and entertain children during their time off from school. From arts and crafts sessions to outdoor adventures like sledding and snowman building, our program ensures a fun and enriching experience for participants while providing a safe and supportive environment for them to thrive in. Join us for a memorable winter break filled with laughter, learning, and lasting friendships!



Swimming Lessons

Learning to swim can be a very beneficial lesson in life. Taught by certified instructors, the City of Orillia is proud to offer a range of lessons that will provide lifelong skills to help kids learn to be safe in and around the water. Learn more on page 19.



Children & Youth

» **Registration begins:**
Monday, Aug. 10, 2026

Arts & Creative

Big Crazy Craft Night Series

3Y+

📍 **Orillia Recreation Centre, Multi-Purpose Room**

Big Crazy Craft Night Series is the ultimate creative experience for participants who love crafting, creating, and getting a little messy! Our crazy crafting staff will set the stage each evening with exciting supplies, imaginative inspiration, and tons of hands-on fun while encouraging participants and parents to let their creativity run wild. Tables will be packed with a variety of materials, tools, and craft stations to explore at your own pace - there is no right or wrong way to create at Big Crazy Craft Night! Register for the program that includes the whole series or the individual themed nights. Series Includes: Turkey Time Edition (Sept. 17, 2026), Monster Mash Edition (Oct. 8, 2026), Messy Makers Edition (Nov. 12, 2026), or the North Pole Edition (Dec. 10, 2026). These programs are perfect for crafty kids and families who never want the fun to end!

New Interactive Layout!

Simply click any program to view **more information** directly on the registration website.



Celtic & Tap Dancing

6Y+

📍 **Rotary Place, Orillia Room**

Cape Breton Island Step Dancing is a lively and rhythmic dance form that celebrates the rich cultural heritage of Nova Scotia. Known for its intricate footwork, this energetic style blends Scottish and Irish influences with a unique Cape Breton flair. Dancers move to the lively tunes of traditional fiddle music, creating an electrifying connection between sound and movement. Whether you're a beginner looking to experience a vibrant cultural tradition or a seasoned dancer seeking to refine your skills, Cape Breton Island Step Dancing offers a joyous and immersive way to embrace the spirit of the island.

Dance for Kids

7Y-9Y

📍 **Orillia Recreation Centre, Multi-Purpose Room**

Program Does your child love music, movement, and expressing themselves through dance? Dance for Kids introduces participants to a variety of styles including jazz, hip hop, ballet, and more in a supportive and energetic environment. Dancers will build foundational skills, learn fun choreography, improve coordination and confidence, and stay active while exploring which styles inspire them most alongside new friends.

Dance for Youth

10Y-14Y

📍 **Orillia Recreation Centre, Multi-Purpose Room**

Ready to move, groove, and build your dance skills? Dance for Youth gives participants the chance to explore styles like jazz, hip hop, ballet, and more in a fun and encouraging atmosphere. Youth will develop technique, learn engaging choreography, improve strength and coordination, and express themselves creatively while staying active and connecting with others who share a love of dance.



Family Line Dancing

6Y+

📍 **Orillia Recreation Centre, Fitness Studio**

Looking for an activity the whole family can enjoy together? This upbeat class introduces participants to some of the most popular pattern dances while teaching the basic moves that form the foundation of line dancing. It's a fun way to get moving, build coordination, and enjoy quality time with others. No partner is required just bring your energy and get ready to dance! All participants must sign up for the class.

Highland Dancing for Youth

6Y-12Y

📍 **West Orillia Sports Complex, Orillia Room**

Highland Dancing, with its origins in Scotland, is a captivating display of grace, strength, and precision. Students will be introduced to the rich heritage, traditional steps, and cultural significance of Highland dancing while developing their technique and confidence.

Tiny Worlds Workshop

8Y-12Y

📍 **Orillia Recreation Centre, Preschool Room**

Do you love tiny cute things? Have you always wanted to design your own house? In Tiny Worlds Workshop we make all of your diorama dreams come true! Using recycled materials and crafting supplies, we will build the mini house of your dreams (and don't forget the people who live inside it!). From a modern build, to a woodland critter paradise, you can get creative with whatever style you like.

Camps

Winter Camps

7Y-10Y

📍 **West Orillia Sports Complex, Tournament Room**

Our winter break day camps offer a dynamic blend of indoor and outdoor activities designed to engage and entertain children during their time off from school. From arts and crafts sessions to outdoor adventures like sledding and snowman building, our program ensures a fun and enriching experience for participants while providing a safe and supportive environment for them to thrive in. Join us for a memorable winter break filled with laughter, learning, and lasting friendships!

Fitness & Wellness

Bounce for Youth

9Y-15Y

📍 **Orillia Recreation Centre, Fitness Studio**

Bounce for Youth is an exercise class that uses a rebounder trampoline. Come and join this total-body workout for a fun combination of cardio, strength training and core work, using a variety of training techniques and equipment, all while listening to great tunes! Experience the difference in exercising while you strengthen your heart and lungs and improve your lymphatic circulation. Great for the beginner and the experienced fitness enthusiast alike.

CHATercise

6Y-14Y

📍 **Orillia Recreation Centre, Gymnasium A**

Choosing Healthy Actions Together (CHAT) Club creates a safe space for kids to move their bodies without judgment or set expectations. Form lasting friendships with your peers as you develop healthy physical exercise routines together. Develop your physical literacy through a variety of fun activities that focus on getting you moving each week! This program is made possible in partnership with Orillia Soldiers' Memorial Hospital.

Learn to Climb

6Y-8Y

📍 **West Orillia Sports Complex, Rock Wall**

Get ready to climb! Learn to rock wall climb is a fun and active program designed to introduce young climbers to the basics of rock climbing in a safe and supportive environment. Participants will learn beginner climbing techniques, safety skills, and confidence-building strategies while working through exciting climbing challenges. This program is a great way to stay active, build coordination, and have fun reaching new heights.

Learn to Climb

9Y-12Y

West Orillia Sports Complex, Rock Wall

Take your climbing skills to new heights! Learn to climb introduces participants to the fundamentals of rock wall climbing, including climbing techniques, safety procedures, and problem-solving strategies. In a supportive and supervised environment, climbers will build strength, confidence, and endurance while challenging themselves on a variety of climbing routes. Perfect for beginners looking for a fun and rewarding adventure.

Life Skills & Learning

Canada Safety Council: Babysitter's Training Course

12Y-16Y

West Orillia Sports Complex, Tournament Room

The Canada Safety Council has been a leader in babysitter training since 1970. The Babysitters Training Course is the oldest and most recognized course in Canada. Over a half a million young people have been trained across the country. The Babysitters Training Course is aimed at young people turning 12 years of age within the calendar year or older who want to demonstrate their capabilities by completing the course under responsible direction.

Canada Safety Council: Home Alone

10Y-14Y

West Orillia Sports Complex, Tournament Room

The Home Alone Program is designed to provide children 10 years of age and older with the necessary skills and knowledge to be safe and responsible when home alone for short periods of time. It will help them understand how to prevent problems, handle real-life situations, as well as keep them safe and constructively occupied.

Intro to Construction

7Y-12Y

West Orillia Sports Complex, Meeting Room

Run in partnership with the Orillia and District Construction Association, this program aims to introduce children and youth to various aspects of house construction. From designing your house, planning the landscaping, stripping wires, laying bricks and assembling plumbing pipes, participants will get hands on experience with it all.

LIT: Leaders in Training

13Y-15Y

Orillia Recreation Centre, Multi-Purpose Room

LIT is our premier leadership program for youth looking to build confidence, leadership, and employment readiness skills. Participants will take part in team-building activities, workshops, and guest speaker sessions while developing real-world leadership experience. The program also includes HIGH FIVE® certification, resume and interview preparation support, and the opportunity to prepare for future leadership and employment opportunities within the City of Orillia Recreation and Parks Division and beyond.

New Interactive Layout!

Simply click any program to view **more information** directly on the registration website.



Sports

Taekwondo: Kicks for Kids

6Y-11Y

Gill Street Community Complex, Multi-Purpose Room

Kicks for Kids is a fun Taekwondo program designed for ages 6 to 11 years old. There are no uniform or belt system, just a focus on fun kicking drills and Taekwondo activities.

Pickleball for Youth

12Y-18Y

Orillia Recreation Centre, Gymnasium A

Pickleball for Youth introduces children to the fundamentals of pickleball, including paddle techniques, footwork, and game strategies, in a fun and supportive environment. Through engaging drills, practice sessions, and friendly matches, kids improve their agility, coordination, and sportsmanship while fostering a love for the game and making new friends.

Taekwondo: All Belts

6Y-8Y

Gill Street Community Complex, Multi-Purpose Room

Students will learn basic, intermediate, and advanced Taekwondo techniques. Emphasis is placed on the tenets of Taekwondo: Courtesy, Integrity, Perseverance, Self-Control, and Indomitable Spirit. Belt requirements focus on Poomsae, 1 Step, and 3 Step. Classes take place on an 8m x 8m Olympic-style ring when the class is full. Not sure your child will be interested? Feel free to email Mike Larose at orilliaataekwondo@gmail.com for more information on observing a class.

Taekwondo: All Belts

9Y-15Y

Gill Street Community Complex, Multi-Purpose Room

Students will learn basic, intermediate and advanced Taekwondo techniques as sanctioned by World Taekwondo, Taekwondo Canada and Taekwondo Ontario. Emphasis on the tenets of Taekwondo: Courtesy, Integrity, Perseverance, Self-Control and Indomitable Spirit. Belt requirements focus on obtaining Kukkiwon certification (Black Belt). Class occurs on 8m x 8m Olympic-like ring. Not sure your child will be interested? Feel free to e-mail Mike Larose at orilliaataekwondo@gmail.com for more information on observing a class.

Taekwondo: Family Kicks

6Y+

📍 **Gill Street Community Complex, Multi-Purpose Room**

Students will learn basic, intermediate, and advanced Taekwondo techniques. Emphasis is placed on the tenets of Taekwondo: Courtesy, Integrity, Perseverance, Self-Control, and Indomitable Spirit. Belt requirements focus on Poomsae, 1 Step, and 3 Step. Classes take place on an 8m x 8m Olympic-style ring when the class is full. Not sure your child will be interested? Feel free to email Mike Larose at orilliatawkwondo@gmail.com for more information on observing a class.

Taekwondo: Kicks for Kids

6Y-12Y

📍 **Gill Street Community Complex, Multi-Purpose Room**

Kicks for Kids is a fun Taekwondo program designed for children ages 6-11 years old. This class focuses on fun kicking drills and Taekwondo activities in a supportive and welcoming environment. With no uniforms or belt systems, participants can enjoy learning basic techniques, building confidence, and staying active while having fun.

U10-U13: Simcoe Spartans Trailblazers

10Y-13Y

📍 **Orillia Recreation Centre, Gymnasium A**

Technical, fun, indoor soccer training sessions emphasizing quick decision-making, shielding, defending, and attacking through fast-paced drills and scrimmages. Sessions draw from Learn to Train components, with kids leveling up their abilities in an inclusive co-ed setting, ideal for building resilience and passion for soccer.

U7-U9: Simcoe Spartans Spark Squad

7Y-9Y

📍 **Orillia Recreation Centre, Gymnasium A**

A fun, beginner-focused indoor soccer program blending high-energy soccer drills with games to build basics like dribbling, passing, and teamwork. Sessions follow FUNdamentals principles, with positive mentorship helping young Spartans gain confidence in a supportive co-ed environment, perfect for kids new to the game or honing early skills. To purchase a Spartan training shirt, please reach out to contact@simcoemuskokasoccer.ca.

Volleyball for Youth: Beginner

10Y-13Y

📍 **Orillia Recreation Centre, Gymnasium B**

Program Interested in learning the game of volleyball in a fun and supportive environment? Beginner Volleyball is the perfect place to start! Participants will learn and practice the fundamentals of the game including serving, passing, volleying, bumping, and basic gameplay skills through drills and team activities. This program focuses on skill development, fair play, teamwork, and building confidence on the court while having fun, staying active, and making new friends.

Volleyball for Youth: Intermediate

11Y-15Y

📍 **Orillia Recreation Centre, Gymnasium B**

Ready to take your volleyball skills to the next level? Intermediate Volleyball is designed for players with previous experience who want to continue developing their technique and game strategy. Participants will build on fundamental skills like serving, bumping, volleying, and spiking through drills, scrimmages, and weekly gameplay. This program emphasizes teamwork, sportsmanship, skill refinement, and rewarding game-play experiences while helping players grow their confidence and love for the sport.



Do You Have an Idea for a Program?

The Parks and Recreation Division is seeking ideas for new programs and new instructors. To fill out a program proposal, visit orillia.ca/programs.



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Municipal Election



The 2026 Municipal and School Board Elections are on Monday, Oct. 26, 2026.

Eligible voters will cast ballots for Mayor (elected city wide), two City Councillors for their respective ward (Wards 1-4) and school board trustees for both English or French school boards.

Advance Voting Days:

Sat., Oct. 10	10 a.m. to 4 p.m.	Orillia Recreation Centre
Wed., Oct. 14	1 p.m. to 7 p.m.	Orillia Recreation Centre
Fri., Oct. 16	10 a.m. to 4 p.m.	Orillia Recreation Centre
Tue., Oct. 20	1 p.m. to 7 p.m.	West Orillia Sports Complex
Thu., Oct 22	10 a.m. to 4 p.m.	West Orillia Sports Complex

Election Day (Oct. 26, 2026):

Ward 1	10 a.m. to 8 p.m.	Gill Street Community Complex
Ward 2	10 a.m. to 8 p.m.	Orillia Recreation Centre
Ward 3	10 a.m. to 8 p.m.	West Orillia Sports Complex
Ward 4	10 a.m. to 8 p.m.	County of Simcoe's Orillia Hub

Voting will
take place
in person

Find your ward, register to vote and more at:

orillia.ca/elections

Adult

» **Registration begins:**
Monday, Aug. 10, 2026

New Interactive Layout!

Simply click any program to view **more information** directly on the registration website.



Arts & Creative

Bachata Dance Level 1

18Y+

📍 **Orillia Recreation Centre, Fitness Studio**

Discover the smooth and expressive rhythms of Ba-cha-ta, a popular Latin partner dance from the Dominican Republic. Often danced alongside salsa, bachata is a favourite at parties, socials, and Latin dance events. This beginner-friendly class will teach basic steps, timing, partner connection, and simple turns in a fun and supportive setting. Participants are encouraged to register with a partner or friend.

Ballroom & Social Dance Beginner

16Y+

📍 **Orillia Recreation Centre, Fitness Studio**

Dancing is fun, good exercise and it is quality time together. Learn Fox Trot, Waltz, Swing (Jive) and Cha Cha in beginner levels and gradually progress into Rumba, Tango and Samba in advanced. Make new friends and become part of our social dance club with monthly dances. Learning to lead and follow, gain the confidence to experience the true joy of dancing. Please note that the fee for this course is per two participants. Signing up as a pair is required.

Ballroom & Social Dance Intermediate #1

16Y+

📍 **Orillia Recreation Centre, Fitness Studio**

Dancing is fun, it is good exercise and it is quality time together. You will learn Fox Trot, Waltz, Swing (Jive) and Cha Cha in beginner levels and gradually progress into Rumba, Tango and Samba in advanced. You'll make new friends and become part of our social dance club with monthly dances. Learning to lead and follow, you'll gain the confidence to experience the true joy of dancing. You will be required to sign up as a pair.

Bead Crazy!

18Y+

📍 **Orillia Recreation Centre, Multi-Purpose Room**

Bead crazy is for learners of all levels who are interested in jewelry making. Come along on a creative beading adventure where you'll learn fundamental techniques like seed bead stitches, wire wrapping, basic tools/best practices, making loops, reading patterns, starting/finishing techniques, pearl knotting, trouble shooting, and more. Each lesson builds upon the last as you develop your skills and explore different techniques and materials. You'll take home eight original pieces, and a solid understanding of working with colour, composition and other elements of design.

Beginner Ukulele

16Y+

Orillia Waterfront Centre, Boaters' Lounge

Come and experience the joy of playing music! You will learn how to hold, tune, and play the ukulele (8 chords, 3 strum patterns, and 20 songs!) No musical experience needed.

Booked 'n Busy

16Y+

Paper Planes Play Cafe

Booked 'n Busy is a welcoming book club for readers ages 16Y+ who love getting lost in a good story. Gather at Paper Planes Play Cafe to enjoy a featured book, share thoughts and perspectives, and connect with fellow book lovers in the community. Whether you are an avid reader or looking to turn a new page, there's always room for one more on the table!

Celtic & Tap Dancing

6Y+

Rotary Place, Orillia Room

Cape Breton Island Step Dancing is a lively and rhythmic dance form that celebrates the rich cultural heritage of Nova Scotia. Known for its intricate footwork, this energetic style blends Scottish and Irish influences with a unique Cape Breton flair. Dancers move to the lively tunes of traditional fiddle music, creating an electrifying connection between sound and movement. Whether you're a beginner looking to experience a vibrant cultural tradition or a seasoned dancer seeking to refine your skills, Cape Breton Island Step Dancing offers a joyous and immersive way to embrace the spirit of the island.

Ceramics For Beginners - Hand-Building

14Y+

Gill Street Community Complex, Multi-Purpose Room

Explore the fundamentals of hand-building and pottery in this beginner-friendly ceramics class. Learn basic techniques such as coil, slab, and pinch methods, and experiment with shaping, texturing, and glazing your own creations. Perfect for first-time ceramists or anyone looking to reconnect with the joy of making with clay.

Fiddling Basics: Advanced

16Y+

Orillia Waterfront Centre, Boaters' Lounge

Fiddlers and violinists - are you interested in adding to your current fiddling experience? The advanced course offers more challenging tunes and new ways to get them under your fingers. Learn to pick up tunes by ear, improve music reading, and master the basics of violin playing. Explore different fiddling styles, such as Canadian Old Time, Irish, or Cape Breton, and discover how to join local fiddle jams, dances, and workshops. Students must bring a violin with a bow and case, a shoulder rest, and a music stand. For information on renting or purchasing a violin, contact the instructor Valerie Selander at fiddlingbasics@gmail.com.



Fiddling Basics: Introductory

16Y+

Orillia Waterfront Centre, Boaters' Lounge

Interested in playing the fiddle but not sure where to start? Now is the perfect time! This beginner course will get you fiddling quickly and enjoying great tunes. Introductory level is for you if you have played the violin or fiddled for less than 2 years, or if you feel like you play at a beginner level. Learn to pick up tunes by ear, improve your music reading skills and master the basics of violin playing. Explore different fiddling tunes and styles, and discover how to join local fiddle jams, dances, and workshops. Please bring your own violin and a music stand. For information on renting or purchasing a violin, or for any other questions, contact the instructor Valerie Selander at fiddlingbasics@gmail.com.

Have Paint, Will Travel

18Y+

Orillia Opera House, Market Room

This is a painting course for experienced artists that deals with painting and travelling. Many people who travel take beautiful pictures which they later wish to make into paintings. This course will help enable people to select the correct medium and composition for their paintings. In addition, this course will open a dialogue on how to paint while travelling including setting up travel painting kits and sketchbooks. The participants have a choice of medium: water colour, acrylic or oil paints.

Introductory Acrylics Painting

18Y+

Orillia Opera House, Market Room

Introductory Acrylic Painting is a beginner-friendly course designed to help participants build a strong foundation in acrylic painting techniques, colour mixing and creative expressions.

Line Dancing

16Y+

📍 **Orillia Recreation Centre, Gymnasium B**

Looking for something fun to do while also improving your physical fitness? This class will focus on the most popular 'Pattern' dances and will introduce many of the basic moves necessary for Line Dancing. Come out and enjoy with friends. Partners are not required for these programs.

Sacred Circle Dancing

18Y+

📍 **Orillia Recreation Centre, Multi-Purpose Room**

Sacred Circle Dance is similar to folk dace with the difference of being the intention, which is less about perfecting the steps and more about a body-mind-spirit experience. The dances blend a wide variety of music from many cultures, both ancient and modern. Some dances are lively, others meditative, some with stories that reflect our concern for peace, community and the environment, and others just for the sheer joy of movement to beautiful music!

Salsa Dance Level 1

18Y+

📍 **Orillia Recreation Centre, Fitness Studio**

Join this fun and beginner- friendly salsa class designed for those new to dance. Learn basic footwork, easy partner moves, and simple combinations in a welcoming and upbeat environment. No experience is needed, just come ready to move and have fun. Participants are encouraged to register with a partner or friend. Get active, meet new people, and enjoy the energy of salsa!

Ukulele - Songs of the 70's

16Y+

📍 **West Orillia Sports Complex, Tournament Room**

Jam out to your favourite hits from the '70s while learning new chords, riffs, and strumming techniques! Perfect for all skill levels, including beginners looking to play along and have fun.

Fitness & Wellness

Bounce for Adults

16Y+

📍 **Orillia Recreation Centre, Fitness Studio**

Bounce for Adults is an exercise class that uses a rebounder trampoline. Come and join this total-body workout for a fun combination of cardio, strength training and core work, using a variety of training techniques and equipment, all while listening to great tunes! Experience the difference in exercising while you strengthen your heart and lungs and improve your lymphatic circulation. Great for the beginner and the experienced fitness enthusiast alike.

New Interactive Layout!

Simply click any program to view **more information** directly on the registration website.



Chair Yoga

18Y+

📍 **Orillia Recreation Centre, Multi-Purpose Room**

Designed for all ages, but specifically for someone who may have some challenges with mobility or balance. This yoga class will help you start or maintain an active lifestyle. Doing Chair Yoga and gentle Standing Yoga poses will help you maintain, stretch, and strengthen your body. Postures are modified to accommodate all body types and levels of fitness. Chair yoga participants can also enjoy health benefits of a regular practice such as: improved muscle tone, balance, coordination, better breathing habits, reduction of stress, and better sleep.

Family Line Dancing

6Y+

📍 **Orillia Recreation Centre, Fitness Studio**

Looking for an activity the whole family can enjoy together? This upbeat class introduces participants to some of the most popular pattern dances while teaching the basic moves that form the foundation of line dancing. It's a fun way to get moving, build coordination, and enjoy quality time with others. No partner is required just bring your energy and get ready to dance! All participants must sign up for the class.

Group Strength and Stability

16Y+

📍 Orillia Recreation Centre, Fitness Studio

This class is designed to tone and strengthen muscles, improve bone density and fire up the core and metabolism with a full body weight workout. Participants will use dumbbells, bands, bars and body weight to flow through a series of lifts, set to motivating music. No previous experience with weights is required.

Intermediate Yoga Flow

16Y+

📍 Orillia Recreation Centre, Fitness Studio

Connecting movement with breath and you flow from pose to pose in this vinyasa style yoga class.



Mat Conditioning

16Y+

📍 Orillia Recreation Centre, Fitness Studio

Welcome to Mat Pilates, where controlled, intentional movement connected with breath become your best friend! Feel a total body burn with this slower paced, low impact exercise. We will be incorporating the use of light weights, pilates balls and rings for this class, allowing you to feel and breathe into the burn.

Pilates

16Y+

📍 Orillia Recreation Centre, Fitness Studio

Pilates is a method of exercise that consists of low-impact flexibility and muscular strength and endurance movement. These classes are designed for those new to Pilates or those wanting to brush up on their Pilates knowledge. Learn the fundamental principles of the Pilates method and its basic exercises. Improve your strength, posture and flexibility. Everyone-from the "unfit" to the high performance athlete can benefit from this class.

Pilates for Osteopenia and Osteoporosis

16Y+

📍 Orillia Recreation Centre, Fitness Studio

A course specifically designed for clients suffering from osteopenia and osteoporosis. It offers safe and effective modified Pilates exercises which aim to improve body alignment and posture, build core and strength stability, relieve pain and stiffness associated with osteoporosis, while at the same time increasing bone density.

Pilates with Props

16Y+

📍 Orillia Recreation Centre, Fitness Studio

Pilates with Props is a mat based class which features small apparatus to bring more challenge. Working with unstable surfaces such as piglets ball, rollers, pilates ring, will impact the core more and you will feel every muscle working. Each class will bring suppleness and strength as the exercises target distinct muscle groups in smooth, continuous movements. As a workout targeting the arms and shoulders, the back, the abdomen, the inner and outer thighs and buttocks, pilates is known for its sculpting effects. In addition, it helps create a more evenly conditioned body without building too much bulk. During each class you'll actually be re-training your body to move in safer, more efficient patterns of motion. Athletes love how pilates enhances sports performance and aids in injury prevention and rehab. The rest of us regular folk get all those benefits too, as pilates is a beneficial for our posture, core, grace and healthy longevity.

Sculpt & Stretch

16Y+

📍 Orillia Recreation Centre, Fitness Studio

This Pilates-inspired strength and stretch class focuses on building core strength, muscular endurance, flexibility, and total-body control through intentional, challenging movement. Participants will experience a combination of core conditioning, mobility work, deep stretching, and yoga-inspired postures designed to improve posture, balance, stability, and functional strength. Classes move at a purposeful pace and incorporate both mat-based and standing exercises that challenge coordination, control, and body awareness while supporting recovery and injury prevention. Ideal for participants looking for an athletic-style approach to strength, mobility, and flexibility training in an energizing and supportive environment.



New to exercising or need that little extra help to get back to feeling healthier?

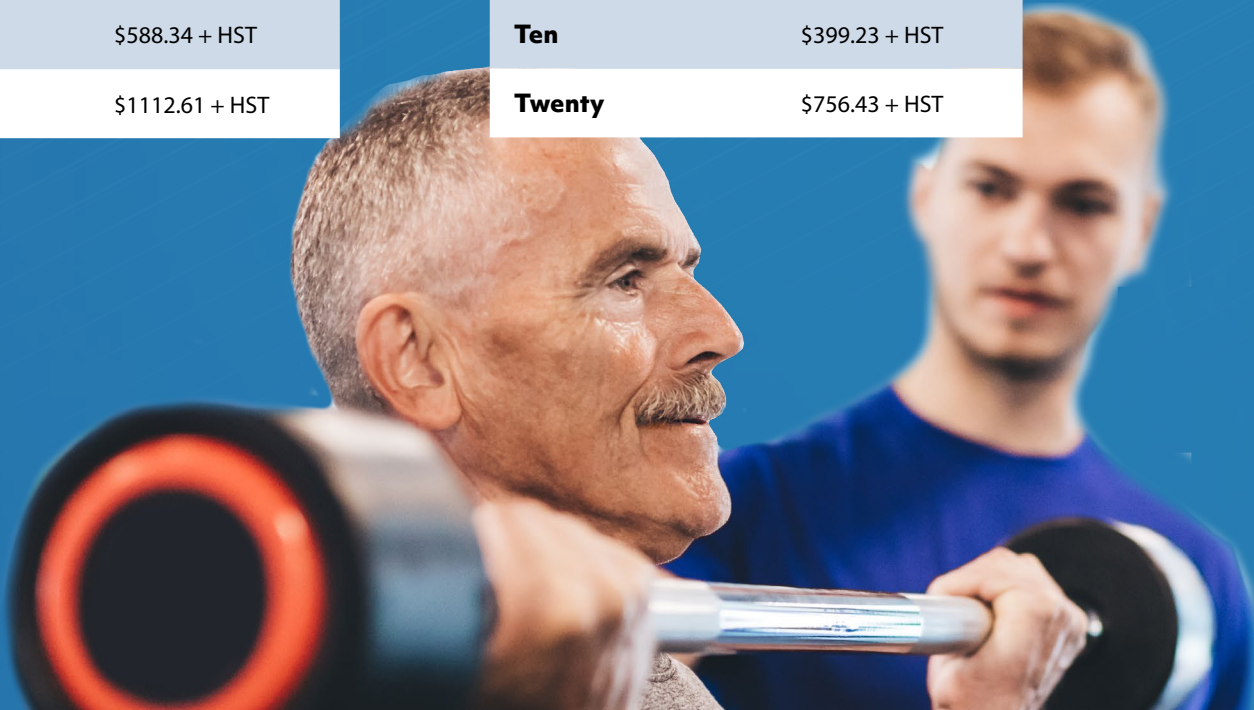
The City of Orillia is excited to offer personal training sessions at the Orillia Recreation Centre. For more information, visit orillia.ca/fitness or call 705-325-4FUN (4386).

Personal Training 1:1

Number of Sessions	Price Per Person
Three	\$195.58 + HST
Five	\$304.67 + HST
Ten	\$588.34 + HST
Twenty	\$1112.61 + HST

Partner Sessions 2:1

Number of Sessions	Price Per Person
Three	\$136.57 + HST
Five	\$204.87 + HST
Ten	\$399.23 + HST
Twenty	\$756.43 + HST



Sign up for an orientation with a personal trainer for an introduction to the fitness centre.

TRX

16Y+

Orillia Recreation Centre, Fitness Studio

TRX is a versatile suspension training tool that allows you to develop strength, mobility, balance, flexibility, and core stability using only your body weight. Suitable for beginners and advanced enthusiasts alike, this class focuses on developing essential foundational movements through easy-to-follow progressions. Basic exercise experience is recommended.

Women & Weights: Level 1

16Y+

Orillia Recreation Centre, Fitness Studio

Increase toning and definition with this introduction to strength training for women only. Focus will be on proper form and technique and by the end of the course you will have multiple strength programs designed specifically for you.

Women & Weights: Level 2

16Y+

Orillia Recreation Centre, Fitness Studio

Advance your foundation of strength training to the next level! This intermediate/advanced strength training class is designed specifically for women. The goal is to teach women the proper design and structure of a sound strength training program. Women & Weights Level 1 is required as a prerequisite for the course.

Women's Bootcamp

16Y+

Orillia Recreation Centre, Fitness Studio

Looking for an energetic way to start your day? Women's Bootcamp is designed to increase women's strength, help cardiovascular performance, and generally improve fitness through a supportive community. This program focuses on all components of exercise including total-body strength, muscular endurance, and cardio segments. You will enjoy a variety of workout styles such as High Intensity Interval Training (HIIT), Tabata, circuit-style stations, and Functional training.



Zumba STRENGTH!

16Y+

Orillia Recreation Centre, Multi-Purpose Room

Lets dance our hearts out and get fit while we have fun! Adding light weights and resistance bands to the dance workout you already know and love! This will have your heart pumping, your muscles burning, and mouth smiling!

Life Skills & Learning



Dough & Bread: Beginner

16Y+

Living Hope Christian Reformed Church, Kitchen

Learn how to make your own bread and dough from scratch. In this class, we'll learn how to make a new type of bread each week: bread, bagels, pretzels and challah. Learn how to make the dough, kneading techniques, rolling, proofing, and designing to make beautiful breads that you can bring to any occasion. Please note that ingredients are not required. The instructor will provide them.

Introduction to Edible Flowers and Herbs

16Y+

Gill Street Community Complex, Multi-Purpose Room

Have you ever wondered, "Can I eat this?" This hands-on workshop introduces participants to edible flowers and culinary herbs commonly grown in home and community gardens. Learn how to confidently identify, grow, and use flowers and herbs that are safe to eat. Participants will enjoy a comforting herbal tea made with edible dried flowers, then create a DIY flower press to preserve blooms for art, crafts, and journaling. No prior gardening experience required. All materials provided.

New Interactive Layout!

Simply click any program to view **more information** directly on the registration website.



Living a Healthy Life with Chronic Conditions (FREE)

18Y+

Orillia Recreation Centre, Multi-Purpose Room

This is a FREE 6-week program for adults of all ages who live with Chronic Conditions. This could include but is not limited to diabetes, heart disease, osteoporosis, COPD, Cancer, hypertension as well as many other chronic health issues. This peer-led group meets for 2.5 hours a week over 6 weeks. Each week individuals learn skills that can help them better manage their symptoms as well as their daily lives. Many topics are covered including fatigue management, mind-body connection, action plans, problem-solving, dealing with difficult emotions, physical activity and preventing falls, making decisions, health eating, pain management, communication skills, dealing with depression, self-talk, working with your healthcare team, planning for the future and more. Family members and caregivers are also welcome.

Living a Healthy Life with Chronic Pain (FREE)

18Y+

Orillia Recreation Centre, Multi-Purpose Room

This 6-week program for adults of all ages who live with chronic pain. This could include but is not limited to arthritis, migraines, fibromyalgia, repetitive strain injury, phantom limb pain, back or neck pain, multiple sclerosis, Crohn's disease, lupus, and other pain related conditions. This peer-led group meets for 2.5 hours a week over 6 weeks. Many topics are covered from the lens of chronic pain including mind-body connection, sleep, action planning, dealing with difficult emotions, physical activity, better breathing, pacing and planning, healthy eating, communication skills, problem-solving, stress management, working with your healthcare team and much more. Participants in this workshop will receive a chronic pain Self-Management Program resource guidebook. Family members and caregivers are also welcome.

Sewing Basics: Learn your Machine & Make a Tote

18Y+

West Orillia Sports Complex, Orillia Active Living Centre

This fundamental sewing course is perfect for those who are brand new to sewing or want a refresher. This course will guide you through the essentials while completing a functional project. Participants will become familiar with their sewing machines, including how to thread the machine, wind a bobbin, and perform simple maintenance. Throughout the course, they will learn foundational skills such as sewing straight seams, finishing edges, and creating a clean French seam. The highlight of the course is a guided, step-by-step project to sew a stylish tote bag. All necessary fabrics and materials for the tote are provided, and students will leave with a finished product they can be proud of. Participants need to bring a machine, manual, and basic tools like thread, scissors, and needles. Please note if a machine is required kindly email ccbrunner1@rogers.com to check availability.

Sports



Co-ed Ultimate Frisbee League

18Y+

West Orillia Sports Complex, Artificial Turf

Join our co-ed ultimate frisbee league! This recreational league welcomes players of any skill level and ability. Register as an individual or a team.

Pickleball for Beginners

16Y+

Orillia Recreation Centre, Gymnasium A

Join us for this exciting beginner course in a fun and social racquet sport! Designed specifically for brand-new players and beginner level players, this sport is played on a smaller badminton court with rules similar to tennis. Short solid racquets and plastic perforated balls are provided. Whether you're trying it out for the first time or you want to revisit your beginner level skills, this course is the perfect introduction to the game and a way to enhance your current beginner skills!

Pickleball Skills and Drills

16Y+

Orillia Recreation Centre, Gymnasium A

Ready to take your pickleball skills to the next level? This course is designed for players who have moved past the beginner stage and are looking to strengthen their technique, strategy, and on-court decision-making. Through targeted drills, guided practice, and match play, you'll refine your strokes, develop stronger court awareness, and build confidence playing at an intermediate pace. The focus is on improving consistency and applying skills in real game situations.

Older Adult 55Y+

Registration begins:
Monday, Aug. 10, 2026

Arts & Culture

Ballroom & Social Dance Beginner

16Y+

📍 **Orillia Recreation Centre, Fitness Studio**

Dancing is fun, good exercise and it is quality time together. Learn Fox Trot, Waltz, Swing (Jive) and Cha Cha in beginner levels and gradually progress into Rumba, Tango and Samba in advanced. Make new friends and become part of our social dance club with monthly dances. Learning to lead and follow, gain the confidence to experience the true joy of dancing. Please note that the fee for this course is per two participants. Signing up as a pair is required.

Senior Discount

Over **55 years** of age? You receive an automatic **25% discount** with any program found in this guide!

Booked 'n Busy

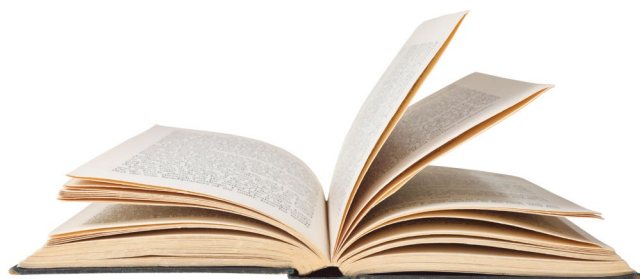
16Y+

📍 **Paper Planes Play Cafe**

Booked 'n Busy is a welcoming book club for readers ages 16Y+ who love getting lost in a good story. Gather at Paper Planes Play Cafe to enjoy a featured book, share thoughts and perspectives, and connect with fellow book lovers in the community. Whether you are an avid reader or looking to turn a new page, there's always room for one more on the table!

New Interactive Layout!

Simply click any program to view **more information** directly on the registration website.



Have Paint, Will Travel 18Y+

Orillia Opera House, Market Room

This is a painting course for experienced artists that deals with painting and travelling. Many people who travel take beautiful pictures which they later wish to make into paintings. This course will help enable people to select the correct medium and composition for their paintings. In addition, this course will open a dialogue on how to paint while travelling including setting up travel painting kits and sketchbooks. The participants have a choice of medium: water colour, acrylic or oil paints.

Ukulele - Songs of the 70's 16Y+

West Orillia Sports Complex, Tournament Rm

Jam out to your favourite hits from the '70s while learning new chords, riffs, and strumming techniques! Perfect for all skill levels, including beginners looking to play along and have fun.

Fitness

55+ Better Bones & Balance 55Y+

Orillia Recreation Centre, Fitness Studio

Better Bones and Balance (BBB) is a bone-friendly workout focused on improving balance, strength, and independence. Designed for the older, mobile adult, this class includes strength, agility, and stretching exercises.

New Interactive Layout!

Simply click any program to view **more information** directly on the registration website.



Aqua ABCs 16Y+

Orillia Recreation Centre, Aquatic Centre

Build arm strength and improve your balance while challenging your core with a low impact program using pool noodles and set to music in warm, shallow water. No prerequisites necessary.

Aqua BCDs 16Y+

Orillia Recreation Centre, Aquatic Centre

Challenge your Balance, strengthen your Core, and improve muscle Definition in this warm, shallow water, low impact class. No prerequisites necessary.

Aqua Yoga 16Y+

Orillia Recreation Centre, Aquatic Centre

This program fuses the benefits of a land yoga practice along with the benefits of buoyancy and hydrostatic pressure, enjoyed in a warm water environment. Aqua Yoga offers traditional asanas adapted to water and is suitable for all fitness levels, newcomers to yoga and anyone looking for reduced joint pressure as they practice. Come improve your balance and flexibility, build strength and body awareness while reducing stress!

Chair Yoga 18Y+

Orillia Recreation Centre, Multi-Purpose Room

Designed for all ages, but specifically for someone who may have some challenges with mobility or balance. This yoga class will help you start or maintain an active lifestyle. Doing Chair Yoga and gentle Standing Yoga poses will help you maintain, stretch, and strengthen your body. Postures are modified to accommodate all body types and levels of fitness. Chair yoga participants can also enjoy health benefits of a regular practice such as: improved muscle tone, balance, coordination, better breathing habits, reduction of stress, and better sleep.

Pilates for Osteopenia and Osteoporosis 16Y+

Orillia Recreation Centre, Fitness Studio

A course specifically designed for clients suffering from osteopenia and osteoporosis. It offers safe and effective modified Pilates exercises which aim to improve body alignment and posture, build core and strength stability, relieve pain and stiffness associated with osteoporosis, while at the same time increasing bone density.

VON SMART 55Y+

Orillia Recreation Centre, Multi-Purpose Room or West Orillia Sports Complex, Tournament Room

The VON SMART (Senior's Maintain Active Roles Together) program offers exercise classes to adults 55Y+ who wish to improve their strength, balance and flexibility, regardless of current physical ability. Participants are encouraged to work at their own pace, and the exercises can be modified to accommodate a wide variety of ability levels.

Life Skills & Learning

Introduction to Edible Flowers and Herbs 16Y+

Gill Street Community Complex, Multi-Purpose Room

Have you ever wondered, "Can I eat this?" This hands-on workshop introduces participants to edible flowers and culinary herbs commonly grown in home and community gardens. Learn how to confidently identify, grow, and use flowers and herbs that are safe to eat. Participants will enjoy a comforting herbal tea made with edible dried flowers, then create a DIY flower press to preserve blooms for art, crafts, and journaling. No prior gardening experience required. All materials provided.



Living a Healthy Life with Chronic Conditions 18Y+

Orillia Recreation Centre, Multi-Purpose Room

This is a FREE 6-week program for adults of all ages who live with Chronic Conditions. This could include but is not limited to diabetes, heart disease, osteoporosis, COPD, Cancer, hypertension as well as many other chronic health issues. This peer-led group meets for 2.5 hours a week over 6 weeks. Each week, individuals learn skills that can help them better manage their symptoms as well as their daily lives. Many topics are covered including fatigue management, mind-body connection, action plans, problem-solving, dealing with difficult emotions, physical activity and preventing falls, making decisions, health eating, pain management, communication skills, dealing with depression, self-talk, working with your healthcare team, planning for the future and more. Family members and caregivers are also welcome.

FREE

Senior Discount

Over **55 years** of age? You receive an automatic **25% discount** with any program found in this guide!

Living a Healthy Life with Chronic Pain

18Y+

📍 Orillia Recreation Centre, Multi-Purpose Room

This 6-week program for adults of all ages who live with chronic pain. This could include but is not limited to arthritis, migraines, fibromyalgia, repetitive strain injury, phantom limb pain, back or neck pain, multiple sclerosis, Crohn's disease, lupus, and other pain related conditions. This peer-led group meets for 2.5 hours a week over 6 weeks. Many topics are covered from the lens of chronic pain including mind-body connection, sleep, action planning, dealing with difficult emotions, physical activity, better breathing, pacing and planning, healthy eating, communication skills, problem-solving, stress management, working with your healthcare team and much more. Participants in this workshop will receive a chronic pain Self-Management Program resource guidebook. Family members and caregivers are also welcome.

FREE



Sports



Pickleball for Beginners 16Y+

📍 Orillia Recreation Centre, Gymnasium A

Join us for this exciting beginner course in a fun and social racquet sport! Designed specifically for brand-new players and beginner level players, this sport is played on a smaller badminton court with rules similar to tennis. Short solid racquets and plastic perforated balls are provided. Whether you're trying it out for the first time or you want to revisit your beginner level skills, this course is the perfect introduction to the game and a way to enhance your current beginner skills!

Pickleball Skills & Drills 16Y+

📍 Orillia Recreation Centre, Gymnasium A

Ready to take your pickleball skills to the next level? This course is designed for players who have moved past the beginner stage and are looking to strengthen their technique, strategy, and on-court decision-making. Through targeted drills, guided practice, and match play, you'll refine your strokes, develop stronger court awareness, and build confidence playing at an intermediate pace. The focus is on improving consistency and applying skills in real game situations.

Parks & Trails

For details visit orillia.ca

City Parks

The City of Orillia is proud to showcase its inventory of public parkland. From tranquil waterfront spaces to exciting playgrounds to beautifully manicured lawns, these public spaces are designed to enhance and complement the natural beauty of our community. The City categorizes Parks into four categories as listed below:

Community Parks

Community Parks serve the entire community and tend to house large special events including sporting events, festivals etc.

Centennial Park, Couchiching Beach Park and Veterans' Memorial Park

Couchiching Beach Park has a lifeguarded sandy beach and playground. The waterfront Park is a hub of activity including many special events. Every summer, thousands of boaters also dock at the Port of Orillia, located in Centennial Park.

Foundry Park (Coming Soon)

Located in the heart of Orillia, this 26 acre, naturalized Park and home of the Orillia Recreation Centre, will feature 1.5 km of paved walking trails, connected to the Lightfoot Trail System by a pedestrian bridge.

J.B. Tudhope Memorial Park

Located on Lake Couchiching, this active Park is for baseball, special events and boasts Moose Beach, a lifeguarded sandy beach, splash pad, playground area. This Park also has a paved walking loop trail.

Kitchener Park

Located on Lake Simcoe, this is an active centre for soccer, baseball, tennis, horseshoes and a playground. Take a walk through the leash-free dog zone located along the water's edge behind the athletic fields.

West Orillia Sports Complex

This complex includes more than just an arena. It is an outstanding community hub that serves the needs of participants in ice sports, indoor sports, outdoor athletic field sports, tennis as well as recreational walking trails. It is also the home of Orillia's only artificial turf field.

Neighbourhood Parks

Neighbourhood Parks are located within an urban development and tend to meet the needs of the surrounding neighbourhoods. Some amenities include playgrounds, washrooms, splash pads and loop trails.

Parkettes

A Parkette (also known as a mini-park) is a small parcel of green space that may include a small playground area. Parkettes can also provide greenery and a place to sit outdoors.

Naturalized Areas

A naturalized area generally consist of naturalized trails and can be considered an "escape from the City within the City". Scout Valley is currently the City's only Park designated as a Naturalized Area.

Park Features

	Accessible Playground	Artificial Turf Field	Aqua Theatre	Ball Diamond Unlit	Ball Diamond Lit	Bandstand	Basketball/Multi-court	Beach-Swimming	Beach Volleyball	Bike Repair Station	Community Garden	Concession	Disc Golf	Flower Garden	Horseshoe Pits	Launch Ramps	Meeting Room	Off-Leash Dog Zone	Outdoor Rink	Outdoor Pickleball Court	Picnic Shelter	Picnic Tables	Playground Equipment	Skateboard Park	Soccer Pitches	Splash Pads	Tennis Court Unlit	Tennis Court Lit	Trail (paved)	Trail (Gravel)	Washroom Facilities	Water Fountain	Walking Loop				
Community Parks																																					
Centennial Park														X		X	X				X	X							X		X	X					
Couchiching Beach Park	X		X			X		X		X		X		X					X		X	X	X						X		X	X					
Foundry Park														X								X							X		X	X					
J.B. Tudhope Memorial Park	X				X			X	X	X			X	X						X		X	X				X		X	X	X	X					
Kitchener Park	X				X		X					X		X	X			X	X			X	X		X			X	X		X	X					
Veterans' Memorial Park														X							X			X													
West Orillia Sports Complex	X	X																					X		X			X		X	X		X				
Neighbourhood Parks																																					
Clayt French Park	X						X							X				X	X		X	X	X			X			X		X	X	X				
Forest Home Park																						X	X														
Franklin Carmichael Park				X										X									X							X							
Hillcrest Park	X						X							X					X		X	X	X			X											
Homewood Park							X						X						X	X	X	X	X						X		X	X	X				
McKinnell Square Park					X									X								X	X			X					X	X					
Morningstar Park							X															X	X														
Victoria Park														X								X	X			X			X								
Walter Henry Park	X						X							X						X	X		X	X		X			X		X	X	X				
West Ridge Park																							X										X				
Parkettes																																					
Bayview Park				X																																	
Brant Street Park													X															X									
Christine Place Park																							X														
Collins Drive																X						X															
Dancy Park																						X	X														
Dorset Park																							X														
Edna/Adair Park																																					
Frontier Park																							X														
Grenville Park																							X					X	X								
High Street Park											X												X					X									
Kaneff Park																							X								X						
Lakeview Park																						X	X								X						
Lankinwood Park																						X	X								X						
Lawrence Park														X								X	X														
Mac Carter Park	X																						X														
Maple Leaf Park								X														X	X														
Mariposa Park																							X														
Murray Street Park																			X																		
North Street Park																						X	X														
Orma Drive Park																					X	X															
York Street Park																																					
Naturalized Areas																																					
Scout Valley																	X													X	X						

Park Addresses

Community Parks

Centennial Park	Centennial Dr.
Couchiching Beach Park	140 Canice St.
Foundry Park	255 West St. S.
J.B. Tudhope Memorial Park	450 Atherley Rd.
Kitchener Park	25 Kitchener St.
Veterans' Memorial Park	154 Elgin St.
West Orillia Sports Complex	100 University Ave.

Neighbourhood Parks

Clayt French Park	114 Atlantis Dr.
Forest Home Park	995 Memorial Dr.
Franklin Carmichael Park	295 Park St.
Hillcrest Park	255 Matchedash St. N.
Homewood Park	68 Woodside Dr.
McKinnell Square Park	135 Dunedin St.
Morningstar Park	1125 Mississaga St.
Victoria Park	75 Coldwater Rd. W.
Walter Henry Park	3050 Orion Blvd.
West Ridge Park	900 West Ridge Blvd.

Parkettes

Bayview Park	335 Hilda St.
Brant Street Park	26-30 Brant St. W.
Christine Place Park	21-23 Christine Pl.
Collins Drive Park	425 Collins Dr.
Dancy Drive Park	15-19 Dancy Dr.
Dorset Park	27 Dorset Dr.
Edna/Adair Park	50 Adair St.
Frontier/Canwell Park	50 Frontier Ave.
Grenville Park	389 Grenville Ave.
High Street Park	482 High St.
Kaneff Park	435 Barrie Rd
Lakeview Park	33 Lakeview Ave.
Lankinwood Park	20 Lankin Blvd.
Lawrence Avenue Park	225 Lawrence Ave.
Mac Carter Park	121 Fittons Rd. E.
Maple Leaf Park	113A Maple Leaf Ave.
Mariposa Park	27 Mariposa Dr.
Murray Street Park	Murray/Second St.
North Street Park	24 Dalton Cres. N.
Orma Drive Park	20 Orma Dr.
York Street Park	120 York St.

Naturalized Area

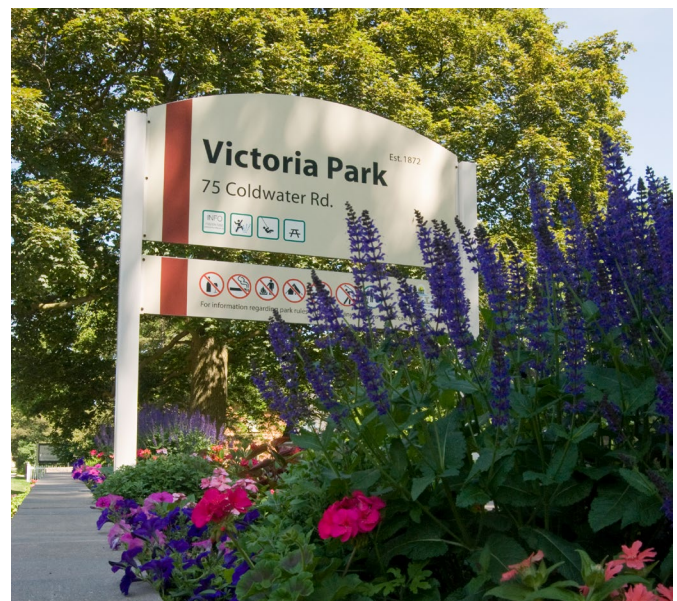
Scout Valley	325 Line 15 N.
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Park Signs

The City of Orillia implemented a signage program where every new Park receives a new sign. The City also endeavours to replace older signs with the newer versions yearly. Each Park sign shows the Park's designation by colour, rules, amenities and address.



- 1 Park Name
- 2 Park Designation
(Shown By Colour)
- 3 Park Address
- 4 Park Establishment Date
- 5 Park Amenities
- 6 Contact Information
- 7 Park Rules



In The Parks

Athletic Fields

The following are athletic fields available for use through the Parks and Recreation Division:

-  **Kitchener Park**
(three fields)
25 Kitchener St.
-  **West Orillia Sports Complex**
(four fields including one artificial turf)
100 University Ave.

These fields are for use by groups like soccer, rugby, field lacrosse, etc. Kitchener Park - Fields E and F as well as the artificial turf field at the West Orillia Sports Complex are lit fields. All athletics fields are booked in 2.5 hour time slots.



Band Stand

In the 1800s it was common to gather at Civic Park (now Couchiching Beach Park) and listen to the Orillia Citizen's Band, now known as the Kiltie Band. Hundreds of people used to come and watch the performance, so in 1909 Town Council approved the construction of a bandstand suitable for musical performances and presentations.

Baseball Diamonds

Ball diamond facilities are available in the following Parks:

-  **Bayview Park**
335 Hilda St.
-  **McKinnell Square Park**
135 Dunedin St.
-  **Kitchener Park**
25 Kitchener St.
-  **J.B. Tudhope Memorial Park**
450 Atherley Rd.
-  **Franklin Carmichael Park**
295 Park St.

All diamonds at Kitchener Park, J.B. Tudhope Memorial Park and one diamond at McKinnell Square Park are lit. All ball diamonds are booked in 2.5 hour time slots.

Beaches (Open July - Beginning of September)

Orillia is nestled between two beautiful lakes and offers many places to swim and enjoy water sports. The City of Orillia operates two public beach areas. Couchiching Beach is located at the foot of Downtown Orillia and Moose Beach is located at J.B. Tudhope Memorial Park. Maintain a physical distance of at least 4m between groups to allow others to walk safely between.

-  **Couchiching Beach**
140 Canice St.
-  **Moose Beach**
450 Atherley Rd.

Lifeguards: 12:00 p.m. - 5:00 p.m. **Lifeguards:** 11:00 a.m. - 5:00 p.m.

While beaches are fun, there are a few rules that must be followed:

- Swim at your own risk when lifeguards are off duty
- Know your limits and stay within them
- Always swim with a buddy
- Children 6 years and under must be within arms reach
- Children under 10 must be supervised by an adult at all times
- Vacate the water when you hear thunder
- Obey the lifeguards
- Smoking is prohibited at beaches and parks
- Domestic animals are not allowed on the beach or in swim areas

Disc Golf Course

The City of Orillia offers a unique, fun and challenging 9-hole disc golf course at Homewood Park free of charge. Installed in 2006, the course has become a popular course among disc golf enthusiasts. Disc golf is a lot like traditional golf, except players use specially made plastic flying discs instead of balls and clubs, and throw them at an above ground target. The object of the game is to throw a golf disc into the target in the fewest number of throws. Golfers are welcome to use their own discs, however, official golf discs can be borrowed from the Orillia Public Library.

Kiwanis Skateboard Park

The Kiwanis Skateboard Park was built in 1999 through the hard work of many people in the community. Some of the features of the Park include a fun box, bank, rails, stairs with rail and snake run.

Please consider the following when using the Park:

- Helmets must be worn by all participants
- All litter must be placed in containers
- No foul language is permitted
- No food or drink are permitted on the concrete skate pad

Do you have park maintenance inquiries?

Contact the Environment and Infrastructure Services division at enviroservices@orillia.ca, 705-326-4585, or visit orillia.ca.





Leash-Free Dog Zones

Dogs love to run free. With that in mind, the City of Orillia has created two Leash-Free Dog Zones, where owners can take their dogs and let them run, unleashed, in a fenced-in area built especially for man's best friend.

Clayt French Park 114 Atlantis Dr.

The Leash-Free Dog Zone at Clayt French Park is a small leash-free zone, which was first created as a pilot project. It proved to be one of the most popular features of the Park.

Kitchener Park 25 Kitchener St.

Open since 2011, this large Leash-Free Dog Zone within Kitchener Park serves as a social hub for dog owners and their pets.

Leash-Free Dog Zone Rules

- Dogs must be kept on a leash until they have reached the designated Leash-Free Dog Zone.
- All dogs must be licensed and fully vaccinated.
- No children under the age of 12 are permitted unless supervised by an adult (this area is designated as a "Dog Zone" - it is not a children's play area).
- Dogs that show aggression are not allowed within the Leash-Free Dog Zone.
- Please note that this is not a training area for your dog.
- Please clean up after your dog.
- Do not bring food of any kind into the Leash-Free Dog Zone (this includes all dogs treats) as food is a trigger for fights between dogs.
- You are liable for any injury caused by a dog under your supervision. Users of the Park assume the risk of injury/damage to themselves and their dog.

Naming/Renaming Athletic Fields

Council and Members of the Recreation Advisory Committee have decided that existing and future athletic fields should be named/re-named after Orillians who have made 'extraordinary contributions' to the sports of ball or soccer. The criterion for selection would be participation, building, or volunteering within our community. Nominations are submitted to the Recreation Advisory Committee for consideration. Written submissions must clearly demonstrate that an individual meets the criteria. The Recreation Advisory Committee will then summarize their recommendation in a report to Council.

Naming/Renaming City Parks

Council and the Recreation Advisory Committee have decided that existing and future parks should be named/renamed after Orillians who have made "extraordinary contributions" to Orillia. The onus is on the person/group submitting the suggestion to prove the worthiness of the nominee and convince the Recreation Advisory Committee that the contribution of the nominee is extraordinary and fits the rationale. Nominations are submitted to the Recreation Advisory committee for consideration. The Recreation Advisory Committee will then summarize their recommendation in a report to Council. Contact the City of Orillia for more information at 705-325-1311.



Outdoor Pickleball Courts

Funded in part by the New Horizons for Seniors Funding, the City of Orillia invites residents to play the fastest growing sport in North America any time in Homewood Park on our first outdoor Pickleball courts. Please note that rackets and balls are not provided. These courts will enable pickleball to continue to flourish in Orillia and provide free access to recreation and sport.

Homewood Park 68 Woodside Dr.

Walter Henry Park 3050 Orion Blvd.

J.B. Tudhope Memorial Park 450 Atherley Rd.

Pavilion Rentals

There are two pavilions at Couchiching Beach Park for rent. These pavilions can accommodate large events with picnic table seating for up to 60. Pavilion rentals include hydro and water availability. For rental rates of pavilions, please visit orilliarec.ca/facilitybookings.

Pavilions are generally used for annual events such as family reunions; therefore, past users have until the last business day of October to request in writing the same weekend they had in the current year for the next year. After this deadline, all requests received are booked on a first-come-first-served basis. Pavilions can not be booked until all the summer special events in the park have been booked. There is also a pavilion shelter available at both Homewood Park and Orma Drive Park, which are available on a first-come-first-served basis.

Rotary Aqua Theatre

The historic Rotary Aqua Theatre was built in 1958 and has been home to many concerts in Couchiching Beach Park. During the summer months, concerts take place each week showcasing bands from across the province. For more information on events, please contact Allie Bradford at abradford@orillia.ca or visit orillia.ca/musicinthepark. To rent this facility, contact the permitting clerk at bookings@orillia.ca or call 705-325-3506.

Splash Pads (Open June - October)

There's nothing like a refreshing blast of cool water on a hot day. Orillia offers four unique splash pads at the following Parks:

 **Clayt French Park**
114 Atlantis Dr.

 **J.B. Tudhope Memorial Park**
450 Atherley Rd.

 **McKinnell Square Park**
135 Dunedin St.

 **Victoria Park**
75 Coldwater Rd. W.

 **Hillcrest Park**
255 Matchedash St. N.

 **Walter Henry Park**
3050 Orion Blvd.

These splash pads are open daily from 9:00 a.m. to 9:00 p.m., from June to October. At each facility, the splash pad is started with a push activation button. Find splash pad rules at orilliarec.ca/splashpads.

Tents within Beach Areas and Parkland

Any tent that is greater than 1.5 metres (5 feet) in height, or occupies a space greater than 4.6 square metres (50 square feet) is not permitted on a beach. Any tent that occupies a space greater than 9.3 square metres (100 square feet) is not permitted on parkland unless a permit has been issued. Tents are not permitted anywhere in a park between the hours of 9 p.m. and 8 a.m.

Smoke/Vape Free Orillia

Effective May 15, 2019, the smoking/vaping of tobacco, cannabis, e-liquid, and herbal material is prohibited outdoors on any property owned or leased by the City of Orillia (with limited exceptions) including: any property upon which is located a municipal building, park or beach; any parking lot, trail, walkway, or lane; any dock; on or within a vehicle located on City-owned or leased property; on or within a boat located or moored on City-owned or leased property. For more information visit orillia.ca/smokefree.



Booking City Facilities

To book a facility or park, a written request must be submitted using the rental request form on orillia.ca/facilitybookings or by emailing the Permitting Clerk at bookings@orillia.ca. Once received, if the facility is available, a permit will be created in our booking system. You will be contacted when your permit is ready to be signed.





Tennis Courts

Orillia has two lit tennis courts at Kitchener Park, four lit courts at the West Orillia Sports Complex and two unlit courts at Morningstar Park. The courts at the West Orillia Sports Complex are home of the Orillia Tennis Club (OTC). During certain prime times (listed below), until the end of September, the courts will only be available to the club. The OTC has been formed by a group of local tennis enthusiasts to ensure maximum use of tennis court facilities in Orillia.

West Orillia Sports Complex
100 University Ave.

Kitchener Park
25 Kitchener St.

Orillia Tennis Club (OTC) Court Use from May 18 - September 4:

West Orillia Sports Complex Prime Time

- Monday - Sunday from 9:00 a.m. to 12:00 p.m.
- Monday from 7:00 p.m. to 9:00 p.m.
- Wednesday from 7:00 p.m. to 9:00 p.m.
- Other tournament dates to be announced (outside of dates above)

Free Public Use of Tennis Courts:

West Orillia Sports Complex

- Four lit courts available and free to the public other than times listed above for OTC. These courts are also the home facility for the Recreation, Youth and Culture Division registered tennis programs, which have private use of the courts during those times in the spring and summer. To see if there are any programs currently running, please visit the online S.U.N. Registration System or call 705-325-4FUN (4386).

Kitchener Park

- Two lit courts available and free to the public all day.

Some school practice times can also occasionally be booked. Please note that some of the above times are subject to change.

The Orillia Tennis Club

This club plays at the courts at the West Orillia Sports Complex. Blocks of court time are set aside for members' use. Join them for plenty of tennis activity including round robins with a friendly atmosphere and social events. Or, you may prefer to play with a friend or your family. This is not a private club, but the Orillia Tennis Club does pay the City of Orillia for the blocks of court time set aside for its use. The Executive Committee would be pleased to hear what your tennis interests are. Please call Executive Chair, Kevin Smith, at 416-580-3484 for more information or suggestions.

Washroom Facilities within Parks

Washroom facilities are open from 9 a.m. to sunset or 9 p.m., seasonally from May to Thanksgiving with the exception of the Orillia Waterfront Centre. The waterfront centre washrooms are open from 10 a.m. to 4 p.m. from Thanksgiving until the beginning of May and for regular summer hours during the remaining months of the year.

Washrooms are available in the following Parks:

Couchiching Beach Park
140 Canice St.

McKinnell Square Park
135 Dunedin St.

Clayt French Park
114 Atlantis Dr.

Orillia Waterfront Centre
50 Centennial Dr.

Homewood Park
68 Woodside Dr.

Scout Valley
325 Line 15 N.

J.B. Tudhope Memorial Park
450 Atherley Rd.

West Orillia Sports Complex
100 University Ave.

Kitchener Park
25 Kitchener St.

Walter Henry Park
3050 Orion Blvd.

Some Parks have portable toilets available for use including:

Bayview Park
335 Hilda St.

Hillcrest Park
255 Matchedash St. N.

Collins Drive Park
425 Collins Dr.

Victoria Park
75 Coldwater Rd. W.

Franklin Carmichael Park
295 Park St.

Do you have park maintenance inquiries?

Contact the Environment and Infrastructure Services division at enviroservices@orillia.ca, 705-326-4585, or visit orillia.ca.



Weddings/Wedding Pictures in the Park

The City's beautiful parks are a perfect backdrop for your outdoor wedding ceremony and/or wedding pictures free of charge.

To ensure there are no conflicts with events in the parks, contact 705-325-4FUN or bookings@orillia.ca.

Wet Fields/Diamonds Policy

If the fields are wet the calcine clay infield is designed to absorb water, however when it is saturated, the water remains on the infield creating a slippery, grease-like surface. Even with cleats, this becomes a health and safety issue. Usage of turf areas when wet causes turf to be torn out. These areas become rutted and invaded with weeds which lowers the quality of the turf. Please help us ensure your use of safe, high quality fields.

Winter in The Parks

Winter weather doesn't have to stop you from being active!

Embrace the snow and discover all the wonders of winter in Orillia's Parks, outdoor rinks and trails. Please note that snowmobiles are also not permitted in City Parks or walking trails.

Outdoor Rinks

The City of Orillia offers many outdoor rink locations throughout the City. Rinks are available depending on the weather and staff availability. For more information and updated outdoor rink conditions during the winter months, please visit orilliarec.ca.

- | | |
|---|---|
|  Clayt French Park
114 Atlantis Dr. |  Kitchener Park
25 Kitchener St. |
|  Couchiching Beach Park
140 Canice St. |  Murray Street Park
21 Murray St. |
|  First Baptist Church
265 Coldwater Rd. W. |  Hillcrest Park
255 Matchedash St. N. |
|  Homewood Park
68 Woodside Dr. | |

Hockey games are prohibited on outdoor rinks when they are occupied by pleasure skaters. Skaters are asked to record licence numbers and report any snowmobiles on an outdoor rink.

Winter Walkers

For the enjoyment of walkers and joggers, the entire trail from J.B. Tudhope Memorial Park to Wilson's Point Road will be plowed on a regular basis each winter.

Walk or jog the loop by the lake for some fresh air and exercise. Wander through the Park this winter and choose your favourite bench to rest while you dream of summer!

Toboggan Hills

The City of Orillia has two Toboggan hills.

- | | |
|--|---|
|  Clayt French Park
114 Atlantis Dr. |  Homewood Park
68 Woodside Dr. |
|--|---|

Winter Safety Tips

Bundle up and Dress in Layers

- The outer layer should be waterproof.
- Don't forget your mittens and a hat that covers your ears.
- Children should wear neck warmers instead of scarves.
- Replace wet clothes with dry ones.
- Beware of the wind-chill factor and dress for the colder temperature.

Play Safe

- Make sure children do not play on snow banks near the roads.
- Snow tunnels and forts can be dangerous because the roof might collapse.
- When making a snow fort, do not put a roof on it.

City of Orillia Important Snowmobile By-law Chapter 667 of the Municipal Code

Snowmobiles may only be driven from the driver's residence by a direct route to an Orillia District Snowmobile Club Trail or a lake. Snowmobilers who are found to be not travelling directly to a trail or lake will be fined. Travel by snowmobile is banned on a number of main streets within the City. City Parks are OFF LIMITS to snowmobiles, except where O.D.S.C. trails cross through the park. The City owned "C.P. Right of Way" is also OFF LIMITS except for the portion between the southerly side of Wilson's Point Road and the northerly side of Hughes Road. Snowmobiling is banned within the City limits between 11 p.m. and 7 a.m. A maximum speed limit of 20 km/hr. must be adhered to.

Recommended Minimum Ice Thickness for New Hard Ice

(7 cm) or less

Stay off the ice

4" (10 cm)

Ice fishing, walking, cross country skiing

5" (12 cm)

One vehicle: snowmobile or an ATV

8 - 12" (20 - 30 cm)

One vehicle: car or small truck

12 - 15" (30 - 38 cm)

One vehicle: medium truck

Park Donations

The Bench and Tree Donation Program is designed to increase public enjoyment and participation in the City's Parks.

Benches and trees make great gifts to both your beneficiary and your favourite Park. Best of all, your donation helps support Parks city wide! Bench and Tree donations are tax deductible and an official receipt will be issued to the donor by the City. For the complete Bench and Tree Donation Program Guidelines and Application Package visit orillia.ca. Contact the City of Orillia at 705-329-7249 for more information on how to donate.

Donate a Bench

People may make donations towards a new park bench or an existing bench. Whether existing or new, a donor recognition plaque will be installed on the bench. Once you have decided to proceed with a bench donation, a site visit will be scheduled to choose a bench and location. Please note that there are no spots left in Couchiching Beach Park. We will try to accommodate all requests, however the Department will have the final decision as to the bench location. The Orillia Bench is available widely throughout the park system.



Donate a Tree

Planting times are in the spring and again in the fall. Requests for a spring planting must be received by March 1 and by Aug. 1 for a fall planting. A site visit will be scheduled to discuss the species and location opportunities. Please note that there are no spots left in Couchiching Beach Park. The City plants several different types of trees and varieties that are considered appropriate for various locations in our parks. Our City Arborist will help you select a tree that suits a desired location. Special Order Tree Donations will be determined at the time of order. The tree may be selected from a list of approved species.



A Healthier,
Greener Orillia

**City-owned
properties are
smoke and
vape free**

Smoke/Vape Free Orillia

Effective May 15, 2019, the smoking/vaping of tobacco, cannabis, e-liquid, and herbal material is prohibited outdoors on any property owned or leased by the City of Orillia (with limited exceptions) including: any property upon which is located a municipal building, park or beach; any parking lot, trail, walkway, or lane; any dock; on or within a vehicle located on City-owned or leased property; on or within a boat located or moored on City-owned or leased property. For more information visit orillia.ca/smokefree.

Lightfoot Trail System



The City of Orillia has over 30 km of multi-use trails including loop trails, paved trails and natural trails. Our trails connect to each of our surrounding communities, highlighting incredible scenery that Orillia and surrounding areas have to offer. In addition to spanning across Orillia, our Lightfoot Trail System highlights natural heritage features and historical land marks throughout the entire City. The Lightfoot Trail System is a dual trail that stretches along the north-east end of the City connecting the Uthoff Trail to the Atherley Narrows, with a spike that links to the Oro-Medonte Rail Trail. **If you would like a trail map, please visit orillia.ca, pick one up at the Orillia City Centre or download our Pingstreet app.**

Active Transportation Committee

The Active Transportation Committee (formerly Trails for Life) is composed of eleven members including one Council member. The Committee advises Council on the use, maintenance, and promotion of the Lightfoot Trail System and Scout Valley.

Part of the Committee's mandate is to meet with community groups or individuals, assist with completing reports, make recommendations regarding special projects (i.e. Regan House), research and report to Council on grant programs and available funding. Members of the Committee may serve a maximum of six consecutive years. The Active Transportation and Trails Advisory Committee operates within the terms of reference, policies and guidelines of Council and Council is the final authority on all matters.

Trail Donations

Together, our community made it possible to build the paved Millennium Trail section of the Lightfoot Trail System. The Active Transportation Committee now needs your help to maintain and enhance this project. If you wish to make a donation, please visit the City's website at orillia.ca for a donation form. Forms are also available at the Municipal Operations Centre or Orillia City Centre.

Trail Etiquette

When travelling multi-use trails, you may encounter many different forms of trail users, such as hikers, bikers, dog walkers, roller bladers, etc. Trail etiquette can be described as the "polite way to use trails."

- Respect the trail and adjacent landowners.
- Be aware and courteous to all other trail users.
- Walk, ride or cycle in single file in the middle of the trail.
- When approaching fellow trail users, stay to the right.
- When approaching slower moving trail users from behind on a bicycle or E-bike, sound your bell or horn and safely pass on the their left.
- Clean up after pets and keep them leashed and in control to avoid them zigzagging across the trail.

Trail use is a privilege that should not be abused or disrespected. Making trail etiquette a priority allows everyone to enjoy the outdoors and have a good time while being safe and courteous. - Supplied by the Ontario Trails Council. **Limited-speed motorcycles, motor-assisted bicycles (moped), pocket bikes, electric and motorized scooters and segway scooters are not permitted on the trail system in addition to the large motorized vehicles such as cars, trucks, snowmobiles, ATVs, dirt bikes etc.**



KEEP UP WITH US
ON SOCIAL MEDIA:



Trail Information

Clayt French Park Loop

Clayt French Park loop is located in Clayt French Park at 114 Atlantis Drive and has limited parking available. This loop circles around an open field and is easily accessible from the parking lot.

 **Length:** 0.3 km  **Surface:** Paved  **Grade:** Flat

Homewood Park Loop

This loop is located in Homewood Park at 68 Woodside Drive. The park is also accessible from Homewood Avenue and Allan Street. The loop traverses the entire park and is visible from all vantages of the park making it an ideal place to take your kids for a leisurely stroll.

 **Length:** 0.7 km  **Surface:** Paved  **Grade:** Flat / Incline

Foundry Park Loop

The loop trail located at Foundry Park is 1.5 km in length and meanders through a naturalized area at the rear of the Orillia Recreation Centre property. It is a lit trail and includes a link to the City's Lightfoot Trail system via a pedestrian bridge spanning "Ben's Ditch". It is maintained throughout the winter months providing for year-round access.

 **Length:** 1.5 km  **Surface:** Paved  **Grade:** Flat

Please Note

Motorized vehicles are prohibited on the trails with the exception of personal mobility devices (motorized wheelchairs, medical scooters and e-bikes.)

J.B. Tudhope Memorial Park Loop

The loop located in J.B. Tudhope Memorial Park at 450 Atherley Road and has ample parking available. The trail gently loops around the perimeter of the park along the water's edge. This loop also features a number of historical information plaques for you to enjoy along the way.

 **Length:** 2.5 km  **Surface:** Paved  **Grade:** Flat

Millennium Trail

The Millennium Trail is a 3.0 m wide paved trail that runs adjacent to Orillia's Lake Couchiching's spectacular shoreline from the Ramara and Ganaraska Trail within the Township of Ramara northerly to the Uhtoff Trails within the Township of Severn. This 9.5 km shared-use recreation trail significantly enhances the attractiveness of this region for tourists, as well as promoting a healthy lifestyle for local residents. The trail is open year round and runs through major parks such as J.B. Tudhope Memorial Park, Veteran's Memorial Park, Centennial Park and Couchiching Beach Park and is a segment of the Trans Canada Trail. Added in 2017 was a link from Morningstar Park, over Highway 11, connecting to Scout Valley. This trail also provides a safe bicycle/pedestrian crossing of Highway 11 that has been in great demand by the citizens of Orillia for many years.

 **Length:** 9.5 km  **Surface:** Paved  **Grade:** Flat

University Avenue Trail

The University Avenue / West Ridge Boulevard Trail is a 3.0 m wide paved trail which runs from the Old Barrie Road intersection with University Avenue to its northern end at the intersection of Monarch Drive and West Ridge Boulevard. This 2.8 km shared-use recreation trail is open year round and provides a community connection to Scout Valley, West Orillia Sport Complex, Lakehead University and West Ridge Park.

 **Length:** 2.8 km  **Surface:** Paved  **Grade:** Flat

West Orillia Sports Complex Loop

This 2.0 m wide granular trail runs from the intersection of Old Barrie Road and University Avenue westerly around the perimeter of a major storm detention facility located south of the West Orillia Sports Complex. The 0.8 km recreation trail is in a recently naturalized setting using native trees, shrubs and wild flowers and offers a glimpse into modern storm water management practices and the influx of water birds who inhabit newly created wetlands.

 **Length:** 0.8 km  **Surface:** Gravel  **Grade:** Flat

West Ridge Park Natural Trail

West Ridge Park is a wooded paradise escape for residents/visitors of West Ridge. Located at 900 West Ridge Boulevard, this park has very limited parking but provides a natural trail through a wooded area that leads directly to Clayt French Park.

 **Length:** 0.8 km  **Surface:** Natural Bark  **Grade:** Incline

Scout Valley

Scout Valley is a naturalized park that consists of three individual loop trails. This park can be accessed from Line 15 North, Old Barrie Road or Forest Home. The Line 15 parking entrance is also home to Regan House.

 **Length:**
6 km

 **Surface:**
Natural

 **Grade:**
Incline

How To Read Trail Blazes: A Skill Everyone Should Know

The Scout Valley trails are marked with blazes that match the colour of the trail that you are on; for instance, the Sugarbush Trail is marked with orange blazes, the Algonquin Trail is marked with green blazes, and the Homestead Trail is marked with blue blazes. Keep an eye on these different blazes when hiking to avoid getting lost.

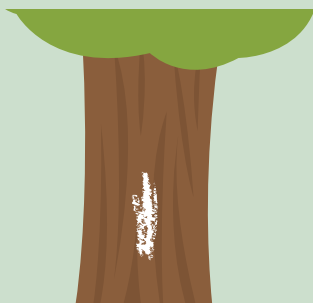
Blazes are rectangles of paint usually about 15 cm high and 5 cm wide on trees, fence posts, and rocks. The blazes may vary in size depending on the surroundings. Typically the blaze faces you as you approach. If

the path ahead is not obvious, another blaze should be visible from the first. If the path is straightforward, the blazes are usually less frequent. If you lose the trail, return to where you saw the last blaze and look carefully for the next blaze. If the trail is rerouted for any reason, such as for tree regeneration, the blazes are usually covered over with dark paint. **Always follow proper blazes by staying off closed sections of the trail.**

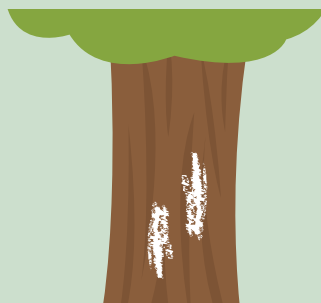
Trails at Scout Valley

As trail users we must constantly ask ourselves can the next 100 people down the trail do what I am doing and not leave trace of their passing? Trails by their very nature are intrusions on the landscape and actually change the landscape. Ensuring that we work together to create a natural experience that meets all user needs without blazing new and unofficial trails not only protects the natural environment we all enjoy, but also helps to soften the impact of the many park users. **To report misuse of the trails, please contact the Environment and Infrastructure Services Department at 705-326-4585.**

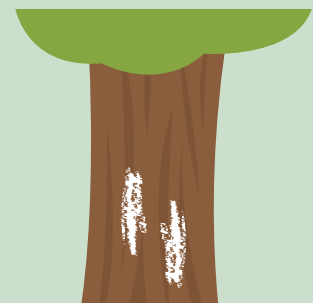
Be One Step Ahead: Learn to Read The Trail Blazes



A **single blaze** indicates the path is straight ahead.



A **double blaze** indicates a change in direction. This is indicated by two parallel marks with one marking lower than the other, the higher mark indicates the direction the path turns.



This **double blaze** indicates you are about to turn left since the higher marking is on the left side.

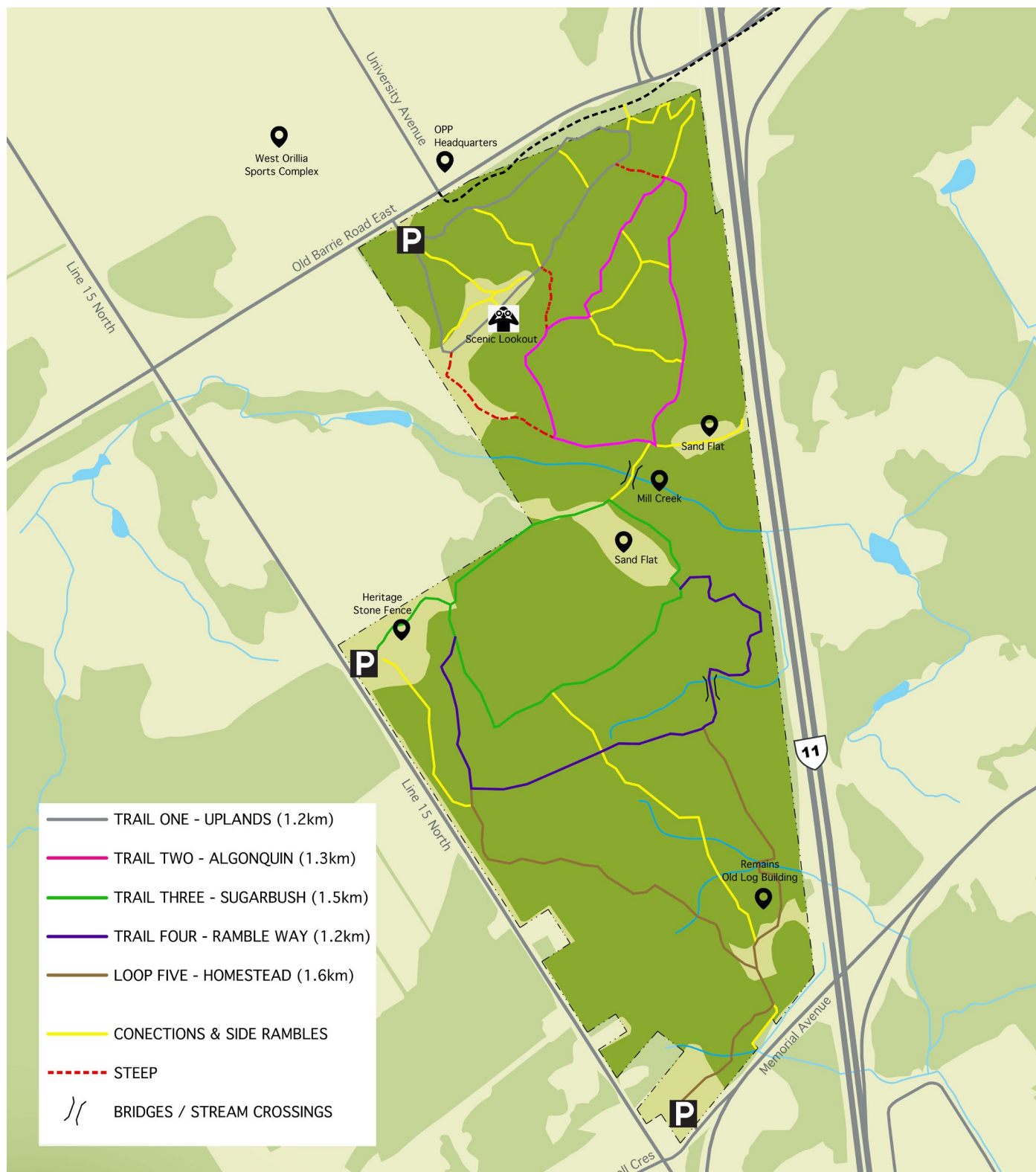
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Map of Scout Valley Trail System



LEGEND

- Heritage Signs
- Information
- Trailhead
- Parking
- Washroom
- Exercise Stations
- Food
- Lookout
- Beach

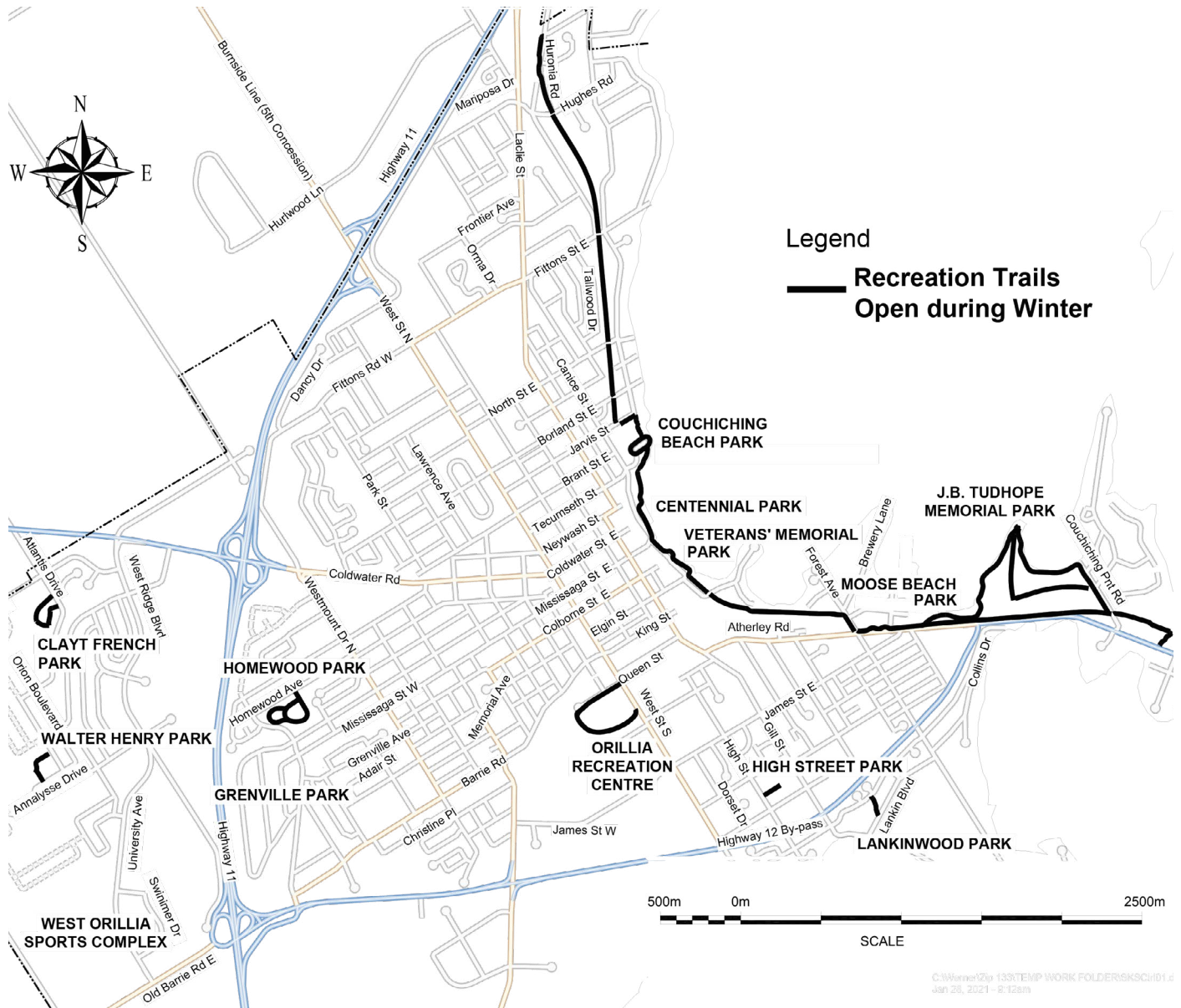
Lightfoot Trail System

- Granular/ (natural)
- Paved
- Millennium Trail (paved)
- Snowmobile Trail
- Existing Parks
- Points of Interest

Map Labels:

- TOWNSHIPS:** SEVERN TOWNSHIP, RAMARA TOWNSHIP, ORO-MEDONTE TOWNSHIP
- LAKE COUCHICHIING**
- LAKE SIMCOE**
- Trails:** Ganaraska Trail, Uthoff Trail, Ramara & Ganaraska Trails
- Parks:** Mariposa Park, Murray Street Park, Frontier Park, Orma Drive Park, Mac Carter Park, Hillcrest Park, North Street Park, Brant Street Park, Victoria Park, Opera House, Public Library, McKinnell Sq Meeting Rm, McKinnell Square Park, Lakeview Park, Christine Place Park, Kaneff Park, Morningstar Park, Edna/Adair Park, Greenville Park, Homewood Park, Franklin Carmichael Park, Lawrence Avenue Park, York Street Park, Dancy Drive Park, Clayt French Park, West Ridge Park, West Orillia Sports Complex, Regan House, Scout Valley Park, Forest Home Park, Forest Home Hall, Kitchener Park, Bayview Park, Collins Drive Park, J.B. Tudhope Memorial Park, Stephen Leacock Park, Stephen Leacock Museum, Port of Orillia Veterans' Memorial Park, Centennial Park, Couchiching Beach Park, Mnijkaning Fish Weirs (The Narrows), Barnfield Point Recreation Centre, Lankinwood Park, Mapleleaf Park, Dorset Park, High St Park, Brian Orser Arena, James Street East, Oxford Street, Collins Drive, Forest Avenue, Heyden Avenue, Victoria Cres, Forest Home Hall, Progress Dr, United Dr, Memorial Ave, Woodland Ave, Highway 11, Highway 12 By-pass, Highway 13, Highway 14, Highway 15, Highway 16, Highway 17, Highway 18, Highway 19, Highway 20, Highway 21, Highway 22, Highway 23, Highway 24, Highway 25, Highway 26, Highway 27, Highway 28, Highway 29, Highway 30, Highway 31, Highway 32, Highway 33, Highway 34, Highway 35, Highway 36, Highway 37, Highway 38, Highway 39, Highway 40, Highway 41, Highway 42, Highway 43, Highway 44, Highway 45, Highway 46, Highway 47, Highway 48, Highway 49, Highway 50, Highway 51, Highway 52, Highway 53, Highway 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Highway 597, Highway 598, Highway 599, Highway 600, Highway 601, Highway 602, Highway 603, Highway 604, Highway 605, Highway 606, Highway 607, Highway 608, Highway 609, Highway

Map of Winter Maintained Orillia Trails



Policies

In Detail

This guide is organized by age category (Preschool, Adult, etc.) and then by program category (Fitness, Special Interest, etc.) Please be aware that Aquatics is located at the beginning and has its own category. Once you have selected a program of interest, please refer to the registration details below the general description. Some courses fill up quickly, so be sure to register promptly. Staff have worked hard to ensure this guide is accurate; however, due to the seasonal format we follow, changes might occur after it has been published.

First Come - First Served

The best way to secure your spot is online. Registrations are not confirmed until you receive a receipt.

Senior Citizens' Rate

Seniors 55 years and up will receive a 25% discount on all programs. When registering online or in person, your discount will be automatically applied based on your birthdate in the system. Non-resident seniors deduct 25% from the non-resident rate.

Prorating of Program Fees

The Parks and Recreation Division will prorate select programs. Proration will not be permitted for missed classes.

Interest Charges

All accounts will be charged Interest charges if they are overdue. These charges serve as a deterrent for late payments and encourage a timely settlement of accounts.

Terms and Conditions: All services provided are invoiced and are subject to a monthly payment cycle. If payment is not received within the first month, any overdue account will be given a grace period of the first 5 days of the month before an interest rate of 2% per month will be charged daily after the first 5 days of each month until the balance is paid.

Grace Period: The City of Orillia grants a grace period of the first 5 days each month to make payments. If payment is not received, then the interest charges of 2% per month as per above will be charged to your account.

Calculation of interest: Interest will be based on the overdue amount with simple compounding.

Statements: Statements to all overdue accounts will be sent out monthly on the first of every month.

If payments are not made: If the client does not make payments on account, then the account will be considered in default after 120 days. At this time the permit may be cancelled without notice and the account may be sent to a collection's agency. No further permits

may be issued until the account is paid in full at which time the client may apply for permits; but for the first year of the client reapplying for a permit the full payment must be made upfront in total of the permit. For more information please contact recreation@orillia.ca.

NSF Cheques

The City of Orillia charges an administration fee of \$36.00 for each NSF cheque received.

Personal Information

Waiting Lists

Once a class/camp is filled, interested registrants will be placed on a waiting list in the order the registration is received. It is recommended to go on the waiting list as we endeavour to accommodate people by expanding the class size or creating an additional class.

Personal information is collected in accordance with the Municipal Freedom of Information and Protection of Privacy Act, R.S.O. 1990, c.M. 56 under the authority of the Municipal Act 2001, S.O. 2001, c 25 and will be used by the Parks and Recreation Division for the operation of recreation programs. Inquiries about the collection or use of this information should be directed to the City's Freedom of Information Co-ordinator.

Refunds

A full refund will be issued prior to the start of an activity only:

- When an activity is cancelled by The Parks and Recreation Division .
- When the date, time or location for the recreation program is changed by the Parks and Recreation Division and prohibits attendance.

Refunds/credits will be issued up to seven days prior to the start of a program with an administrative fee of 10%. This can be done by calling the Orillia Recreation Centre or using the S.U.N. Registration System online. Medical refund requests must be accompanied by a doctor's certificate/note and the 10% administrative fee will be waived. It will only be processed up to the halfway point of any recreation program. Absolutely no refunds will be given after the mid-point of a program. The refund will be pro-rated based on the number of classes left in the recreation program at the time the request is received, regardless of the date the registrant stopped attending the recreation program.

Please note that credits left on your account will expire 24 months after the date of the original credit entry if not obtained.

Class Postponement / Cancellations

If the minimum amount of participants is not met on the week prior to a program's start date, programs usually need to be cancelled. Register early to avoid cancellations. If a course is cancelled, you will be contacted and a full refund will be issued to your account. If it is necessary to cancel a single class due to inclement weather, school board cancellations, pool closures, instructor illness, etc. every attempt will be made to re-schedule the class. However, if the class cannot be re-scheduled, a pro-rated refund will be issued to your account. For last minute changes, we will do our best to contact participants with the exception of mass weather cancellations. A decision is made to cancel a class due to weather after 3:00 p.m. and a notification will be posted on our social media accounts.

The Parks and Recreation Division reserves the right to withdraw, postpone, cancel or combine classes, to limit/increase registration or change course locations at any time. **Please note that credits left on your account will expire 24 months after the date of the original credit entry if not obtained.**

Photographs / Video

Unless the participant or guardian indicates otherwise, the Parks and Recreation Division will assume permission for photos/videos to be taken during programs to be used for promotion.

HST

HST is not included in the pricing shown and is only charged on programs for persons over the age of 15.

Respect +

All City of Orillia facilities, including parks and cultural spaces, strive to be Harassment Free. The Respect+ policy ensures the safety, fun and respect of all participants and spectators. For more information on Respect+ please visit orillia.ca/respect.

Rowan's Law - Bill 198

The Parks and Recreation Division is committed to concussion awareness and ensuring the safety of all participants. Rowan's Law is a concussion awareness program outlining the signs and symptoms of a concussion. For more information please visit this website:

ontario.ca/page/rowans-law-concussion-safety.

Transfers

Transfers from one course to another are permitted up to five business days prior to the start of the recreation program. In the case of swimming lessons, transfers are permitted after the first lesson, and only if there is space, upon approval of the Parks and Recreation Division. To transfer into a different course, visit the S.U.N. System.



Payments

Registered programs can be paid for online by credit card or in person at the Orillia Recreation Centre with cash, debit, cheque or credit. Money on account can also be used. Facility payments can be paid for over the phone by credit card or at the Orillia Recreation Centre with cash, debit, cheque or credit. An ATM is available at the West Orillia Sports Complex.

Non-City Resident Policy

All recreation programs have a rate for City of Orillia residents and a rate for non-residents. The programs offered by the Parks and Recreation Division are subsidized by municipal taxes, so we keep the cost as low as possible for those who contribute to the municipal tax base. Thirty percent (30%) will be added to the registration costs of non-residents. The Parks and Recreation Division reserves the right to request proof of residency. A resident is defined as anyone who resides within the City of Orillia boundaries and/or pays taxes directly to the City of Orillia. A non-resident is defined as anyone who does not pay taxes directly to the City of Orillia.



Why are Programs Cancelled?

The Parks and Recreation Division endeavours to run all advertised programs; however, if there are not enough registrants enrolled one week prior to the start date, the program will be cancelled. Participants are contacted and the payment will be refunded to your account.

Community Contacts

Special Interest Groups

Canadian Federation of University Women Orillia	cfuworillia@gmail.com
Canada Day Committee	705-259-1948
Champlain Coin Club	champlaincoinclub@gmail.com
Crime Stoppers – Simcoe, Dufferin, Muskoka	705-726-2237
Girl Guides of Canada	1-877-323-4545
Kids for Turtles	705-325-5386
La Leche League	705-826-4192
LGBT Youth Connection	705-722-6778 ext. 107
Mnjikaning Fish Fence Circle	705-835-9331
Ontario's Lake Country	705-325-9321
Orillia Aero Modelers R.C. Club	705-327-3158
Orillia Amateur Radio Club	705-689-6545
Orillia & District Camera Club	info@orilliacameraclub.ca
Orillia & District Literacy Council	705-327-1253
Champlain Coin Club	705-327-1789
Orillia Duplicate Bridge Club	705-323-4944
Orillia Horticulture Society	705-325-7384
Orillia Housing Resource Centre	705-739-0485
Orillia Naturalists Club	orillianaturalists@gmail.com
Orillia Pregnancy Resource Centre	705-326-8228
Orillia Quilters' Guild	info@orilliaquiltersguild.com
Orillia Women's Newcomers Club	705-259-0399
Orillia Sunshine Rug Hookers	705-325-4740
Orillia Welcome Wagon	705-329-0760
Seniors & Law Enforcement Together	705-326-3536
Scouts Canada	1-888-855-3336
Simcoe East District Women's Institute	705-689-6448
Simcoe County Embroidery Guild	barrie@eac-acb.ca
Stand Up! Orillia Against Bullying	705-325-3428
Stephen Leacock Associates	info@leacock.ca
Sunshine Speakers Toastmasters	705-327-2068
Telecare Orillia Office	705-327-2383

Culture & Theatrical Groups

Cellar Singers	705-718-4124
Chamber Music Orillia	705-833-2202
Country Chordsmen, Barbershop	705-737-4477
Hawkestone Singers	705-984-2833
Images Thanksgiving Studio Tour	images.studio.tour@gmail.com
Mariposa Arts Theatre Foundation	705-326-8011
Mariposa Folk Foundation	705-326-3655
Ontario Lumberjack Championships	705-345-9177
Ontario Provincial Police Museum	705-329-6889
Orillia & District Camera Club	info@orilliacameraclub.ca
Orillia Concert Association	705-327-0703
Orillia Dance Academy	705-326-7476
Orillia District Arts Council	705-309-3351
Orillia Fine Arts Association	orilliafinesartsassociation@gmail.com
Orillia Folk Society	cyberfolkie@hotmail.com
Orillia Heritage Centre	705-326-2159
Orillia Jazz Festival	705-331-4628
Orillia Museum of Art & History	705-326-2159

Orillia Perch Festival	705-326-4424
Orillia Scottish Festival	705-325-8442
Orillia Silver Band	orilliasilverbandinfo@gmail.com
Orillia Spring Blues Festival	705-326-9284
Orillia Vocal Ensemble	infor@orillia vocalensemble.com
Orillia Waterfront Festival	705-326-4424
Orillia Concert Band	info@orilliaconcertband.com
Orillia Winter Carnival	705-325-3261
Orillia Youth Symphony Orchestra	orilliayouthsymphonyorchestra@gmail.com
RCL Branch 34 Pipes & Drums	705-326-5470
Rotary Fun Fest	705-323-5925

Orillia & Area Sports Groups

Champlain Sailing Club	705-326-8445
Ganaraska Trail Club (Hiking)	705-245-1005
Huron Stallions Football Club	705-329-0399
Mariposa Gymnastics Club	705-325-3754
Ontario Special Olympics	705-345-4830
Orillia Badminton Club	jaick@rogers.com
Orillia Ball Hockey	705-326-6599
Orillia Channel Cats Swim Club	705-826-8950
Orillia Cricket Club	orilliacricketclub@gmail.com
Orillia Curling Club	705-327-3332
Orillia & District Men's Dart League	705-325-1266
Orillia & District Soccer Club	705-327-9733
Orillia Figure Skating Club	705-242-5513
Orillia & District Horseshoe Club	705-689-2554
Orillia Kids of Steel Triathlon	705-327-3297
Orillia Ladies Hockey League	info@orillialadieshockey.com
Orillia Ladies Soccer	705-717-1810
Orillia Lawn Bowling Club	orillialbc@gmail.com
Orillia Legion Minor Baseball	olmb.secretary@gmail.com
Orillia Men's & Ladies Slo-Pitch	705-329-1651
Orillia Minor Hockey Association	705-326-6642
Orillia Minor Lacrosse	info@orilliaminorlacrosse.com
Orillia Power & Sail Squadron	orilliapowersquadron@hotmail.com
Orillia Rowing Club	705-326-3519
Orillia Suns Volleyball	705-326-0954
Orillia Tennis Club	orilliatennisclub@gmail.com
Orillia Youth Basketball Association	705-323-3865
Orillia Sports Council	705-325-4903 x112
Snow Leopards Cheerleading	705-305-8160

Interested in Being Listed?

Please note we rely on you to keep this listing up-to-date. If you would like your group's information to be added or updated, please contact 705-325-4FUN (4386) or recreation@orillia.ca.

